

Enjoy Recreation for Older Adults

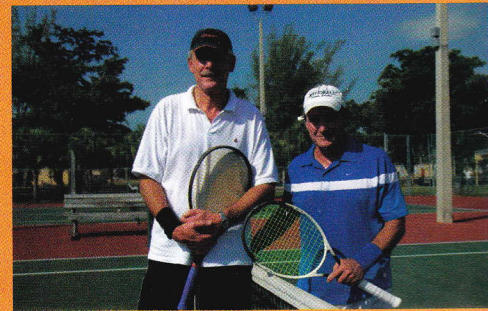
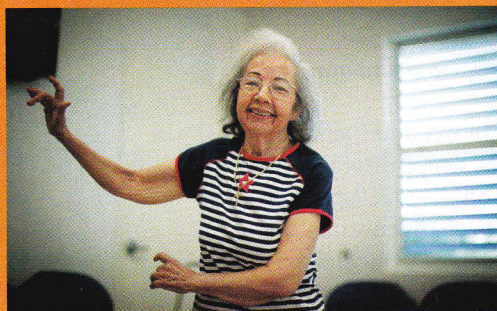
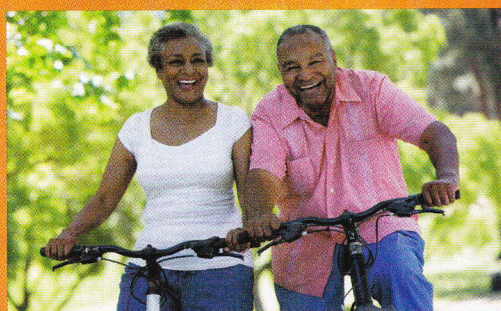
Play for Fun, Fitness, New Friends and A New Healthier You!

Join us for fun activities and healthy programs that will help you get fit, while making new friends!

Life is about more than just staying home and watching TV. In fact, nothing's more entertaining or engaging than playing outside at the park, no matter what your age!

So what are you waiting for?

Come play with us!



To learn more, call us today or visit a park office near you:

NORTH MIAMI-DADE

Arcola Lakes Park
1301 NW 83 St.
(305) 836-5095

Country Village Park
6550 NW 188 Terr.
(305) 622-2594

Gwen Cherry Park (Y.E.T.)
7090 NW 22 Ave.
(305) 694-4889

Martin Luther King, Jr., Park
6000 NW 32 Ct.
(305) 633-2044

CENTRAL MIAMI-DADE

Continental Park
10000 SW 82 Ave.
(305) 274-9666

North Trail Park
780 NW 127 Ave.
(305) 207-2420

Westwind Lakes Park
6805 SW 152 Ave.
(305) 388-4771

SOUTH MIAMI-DADE

Goulds Park
11350 SW 216 St.
(305) 255-2399

South Dade Park
28151 SW 164 Ave.
(305) 247-9453

West Perrine Park
10301 SW 170 Terr.
(305) 235-2053



Alliance for Aging, Inc.
Answers on Aging.

miamidade.gov/parks

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