

# Miami-Dade Age-Friendly Initiative

Priority domain

OUTDOOR SPACES & BUILDINGS



## Our Vision

Older adults have a safe and enjoyable physical environment in which to live and be active.

## Why?

Safe and enjoyable public spaces and physical environments encourage citizens to utilize them more, interact with their communities and get moving through biking and walking.<sup>1</sup>

## What's Happening in Miami-Dade?

Everyone should have to access clean, to enjoy and be active in.

A national standard says **PARKS SHOULD BE WITHIN WALKING DISTANCE (a 10 minute walk or 1/2 mile).**<sup>2</sup>

It is estimated that about

**53%** OF ADULTS AGE 65 AND OLDER IN MIAMI-DADE COUNTY ARE SERVED BY A PARK WITHIN WALKING DISTANCE.<sup>3</sup>

## MIAMI-DADE COUNTY PARKS, RECREATION AND SPACES HAS DEVELOPED AGE-FRIENDLY PARK DESIGNATION CRITERIA.

Some of the criteria include:

- Pleasant public areas
- Benches
- Good signage & lighting
- Accessible restrooms
- Non-slip pavement
- Availability of programs for older adults to participate in

## Outdoor Spaces & Buildings Strategies

- **OLDER ADULT ENGAGEMENT:** Engage older adults in the planning and implementation process of strategies.
- **OLDER ADULTS IN ALL POLICIES:** Review policies related to outdoors spaces, buildings, and community design in order to determine if older adults are considered or should be considered and included in the policies.
- **OLDER ADULT REPRESENTATION:** Identify boards related to Outdoor Spaces & Buildings and community design that should include an older adult advocate on the committee or council.
- **PARKS & PROGRAMMING:** Establish safe Parks and Programs that meet Age-Friendly Park standards through proximity, standards, and promotion.
- **AGE-FRIENDLY BUSINESSES:** Increase the number of age-friendly businesses in Miami-Dade County that employ the same type of age-friendly standards that we want to see in parks and public spaces.
- **PLACEMAKING:** Improve the sense of place, comfort, and interconnectedness of communities by promoting age-friendly amenities and events, as well as connectivity between public spaces and neighborhoods.

LEARN MORE ABOUT MAKING YOUR COMMUNITY MORE AGE-FRIENDLY IN OUR ACTION PLAN FOR AN AGE-FRIENDLY MIAMI-DADE AT [WWW.AGEFRIENDLYMIAMI.ORG](http://WWW.AGEFRIENDLYMIAMI.ORG)

1: Wood, L. Frank, L. D., Giles-Corti B. (2010). Sense of community and its relationship with walking and neighborhood design. Social Science & Medicine. doi:10.1016/j.socscimed.2010.01.021.

2: [http://parkscore.tpl.org/Methodology/TPL\\_10MinWalk.pdf](http://parkscore.tpl.org/Methodology/TPL_10MinWalk.pdf)

3: Miami-Dade County Parks, Recreation, and Open Spaces Department. (2015). Data on Unincorporated Municipal Services Area (UMSA) population served with a half mile radius of served of Miami-Dade County Parks.