

## AGE FRIENDLY INITIATIVE

Miami-Dade County

# Miami-Dade Age-Friendly Initiative

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"An Age-friendly city is an inclusive and accessible urban environment that promotes active aging"

The Miami-Dade Age-Friendly Initiative is a collaborative effort focused on sustainable changes and efforts in order to create a community where older adults of all ages can stay active, engaged, and healthy with dignity and enjoyment.

### WHY ARE WE HERE TODAY?

**FOCUS ON TRANSPORTATION** 

- Demonstrate the need for investment and focus on age-friendly transportation
- Discuss current resources in our community
- •Share strategies you may be able to implement within your own communities
- Discuss opportunities and barriers to changes at the local level



## NEED FOR AN AGE-FRIENDLY FOCUS

- Across the globe, people are living longer and our populations are growing older.
- Miami-Dade has the largest population of older adults in the State of Florida with over half a million older adults age 60 and over in the County.
- That population is expected to continue to grow to over 800,000 by 2040, representing 25% of the total population of Miami-Dade.

Older adults are a PRIZED DEMOGRAPHIC with an active voting record, significant buying power, and a wealth of job experience.



THEY ARE AN IMPORTANT PART OF WHAT MAKES MIAMI-DADE DIVERSE AND DYNAMIC.

# NEED FOR AN AGE-FRIENDLY FOCUS

- But, most communities were not built for this shift in demographics. Our economies, policies, and communities were not built to accommodate an aging population or aging in place.
- How well Miami-Dade responds to the aging phenomenon and meets the needs of older adults will depend on how well we prepare our communities to do so;
- And how we can work collectively toward sustainable change to ensure our community is a place where people of all ages can live with the quality of life that they need and deserve.

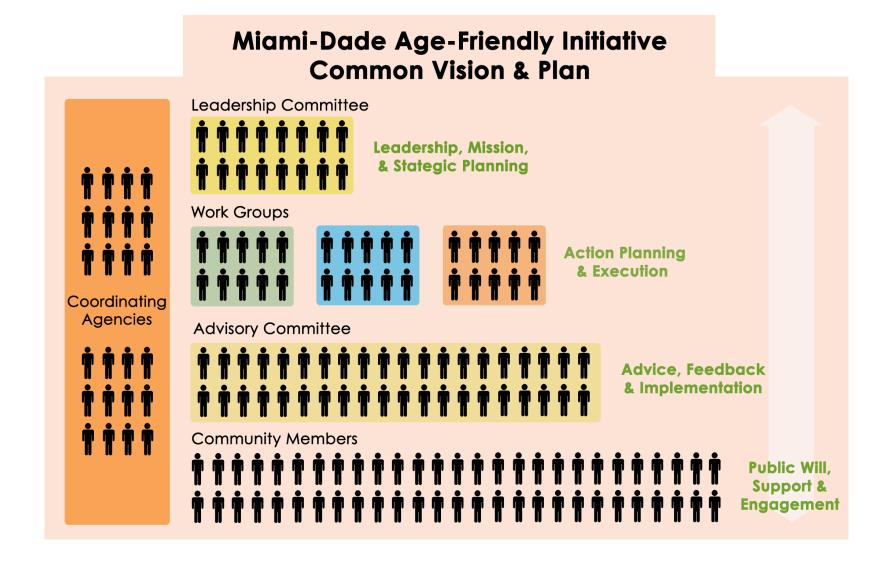


# NEED FOR AN AGE-FRIENDLY FOCUS

The Advantage: Age-friendly communities are good for everyone!



# Age-Friendly Initiative: Collaboration



#### MAJOR ACCOMPLISHMENTS

- Age-Friendly Policy Modifications
  - Comprehensive Development Master Plan
  - Long Range Transportation Plan
- Age-Friendly Parks & Standards
- Safe Routes to Aging In Place
- Age Friendly Business District
- Study of community leader views and attitudes
- Summit & Awareness Campaign
- Action Plan



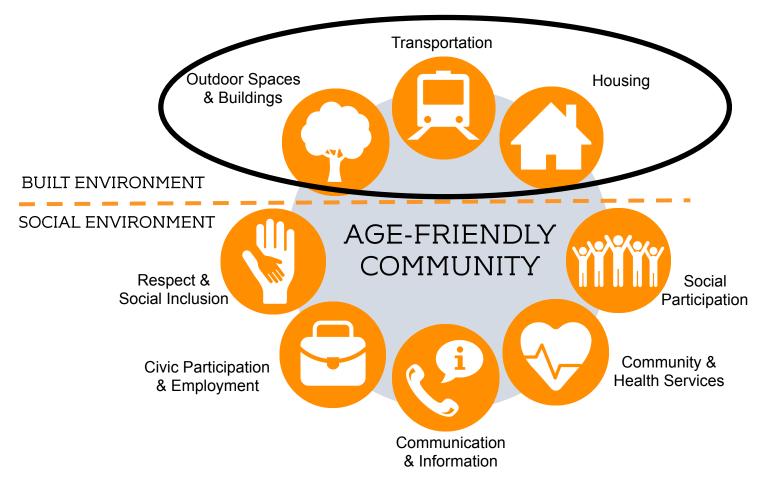
#### Priorities & Action Plan

- Developed multi-sectorial work group to develop plan using RBA framework
- Created Action Plan for an Age-Friendly Miami-Dade (available at www.agefriendlymiami.org/actionplan)
- Identified three initial priority areas





# AGE-FRIENDLY DOMAINS



Adapted from: Suzanne Garon, University of Sherbrooke



## TRANSPORTATION |



Our Vision Older adults utilize a variety of types of transportation they want and need to move throughout the community.

Why?

The ability to easily access desired destinations is vital to independent living; transportation is one of the most important components of active aging and the ability to age in place. 1

## Transportation Strategies

- OLDER ADULT ENGAGEMENT:
   Engage older adults in the planning and implementation process of strategies.
- OLDER ADULTS IN ALL POLICIES:
   Review policies in order to determine if older adults are considered or should be considered and included.
- OLDER ADULT REPRESENTATION:

   Identify boards or groups that should include an older adult advocate on the committee or council.
- STREETS: Advocate and implement streets that are safe for all modes, users and mobility.
- MOTORIZED & ON-DEMAND
   TRANSPORTATION: Ensure older adults have the opportunity to safely drive as well as have knowledge of and access to on-demand transportation services.
- BETTER ACCESS & QUALITY OF TRANSIT STOPS: Ensure that older adults have knowledge of resources for transit and how to use it, as well as have better access to quality transit stops.

# WHAT ELSE ARE WE WORKING ON?



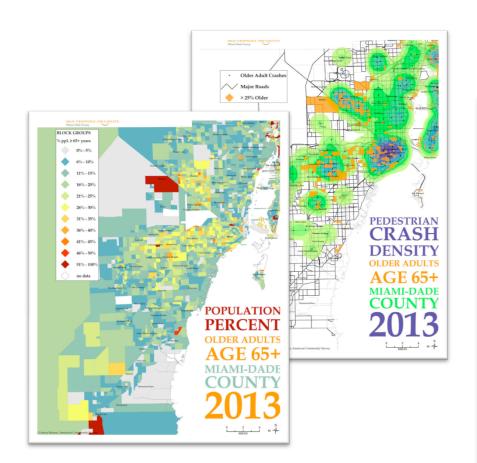


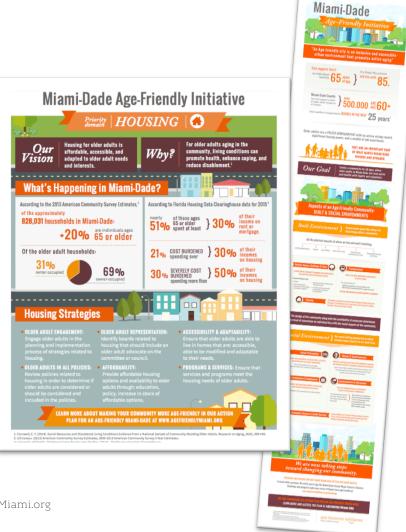
# Steps You Can Take

- Sign the pledge to take steps toward making your community more age-friendly
- Download and review our Action Plan
- Access resources and tools on our website
- Reach out to us via email, phone, or on our website
- Join our Advisory Committee, which works at the County level
- Assign a municipal staff person to focus on older adult issues or train staff to consider older adults throughout their planning processes
- Become an Age-Friendly Ambassador



## RESOURCES







## RESOURCES











## FOLLOW US



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# **THANK YOU!**

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