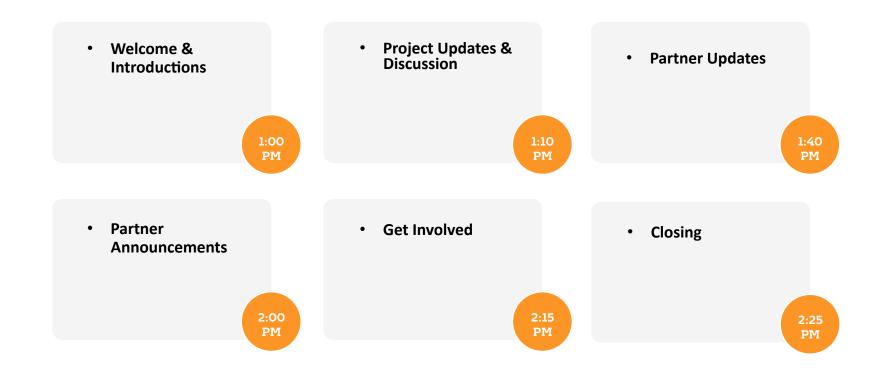## AGE FRIENDLY INITIATIVE
Miami-Dade County

Advisory Committee Meeting

Miami-Dade Age-Friendly Initiative
March 21, 2017, 1:00 pm – 2:30 pm

Health Foundation of South Florida
2 South Biscayne Blvd., Suite 1710
Miami, FL 33131
Dial In Option: 305-330-4986, Pin: 28369

AGENDA

1:00 PM – 2:30 PM

- **Welcome & Introductions**

  1:00 PM

- **Project Updates & Discussion**

  1:10 PM

- **Partner Updates**

  1:40 PM

- **Partner Announcements**

  2:00 PM

- **Get Involved**

  2:15 PM

- **Closing**

  2:25 PM

Miami-Dade

Age-Friendly Initiative

The Miami-Dade Age-Friendly Initiative is a collaborative effort to create a community where older adults of all ages can stay active, engaged, and healthy with dignity and enjoyment.

AGE FRIENDLY INITIATIVE
Miami-Dade County

www.AgeFriendlyMiami.org

AGE-FRIENDLY DOMAINS

Transportation

Outdoor Spaces
& Buildings

Housing

BUILT ENVIRONMENT

- - - - - - - - - - - - - - - -

SOCIAL ENVIRONMENT

AGE-FRIENDLY
COMMUNITY

Respect &
Social Inclusion

Social
Participation

Civic Participation
& Employment

Community &
Health Services

Communication
& Information

Adapted from: Suzanne Garon, University of Sherbrooke

Miami-Dade Joins Age-Friendly Network
February 22, 2017

AGE FRIENDLY INITIATIVE
Miami-Dade County

www.AgeFriendlyMiami.org

Miami-Dade Joins Age-Friendly Network

INSPIRE *health*
MARCH | APRIL 2017   *Real Inspiration for Women*
CLICK TO *read* OUR CURRENT ISSUE

Miami-Dade County commits to becoming an Age-Friendly place

By: Shari Gantman | March 10, 2017

25 SHARES

Coral G...

MARCH 8 - 14, 2017

Slesnick, Valdes-Fauli in race fo...

MIAMI-DADE COUNTY   FEBRUARY 23, 2017 9:34 AM

What it's like to live in an age-friendly place

One of the local age-friendly initiatives included a look into ways of improving pedestrian safety in Little Havana. **NICK SWYTER** - MIAMI HERALD STAFF

BY ANA VECIANA-SUAREZ
aveciana-suarez@miamiherald.com

Miami-Dade County, along with the Miami-Dade Age-Friendly Initiative, joined a prestigious network of more than 380 cities and global communities committed to promoting greater health, well-being and quality of life for people of all ages, when AARP Florida, in affiliation with the World Health Organization, awarded them a special designation.

The acceptance into the Network of Age-Friendly Communities is a big deal because it demonstrates commitment and action toward age-friendly practices. What's more, Miami-Dade County has the largest population of 60-and-over adults in Florida, with half a million seniors. That demographic is expected to grow to 800,000 by 2040.

Miami-Dade is the fifth largest community in the U.S. to join the global network. It is

VIDEOS

FWC photos show José Fernandez boat accident

County on age-friendly team so elderly can keep getting arou...

BY CATHERINE LACKNER

Miami-Dade County has been named the fifth-largest community, and one of only a few counties in the US, to be part of the 380-city global Age-Friendly Initiative, according to Miami-Dade's Transportation Planning Organization (TPO), the lead agency in support of the effort.

The initiative considers the transportation, housing and outdoor-space needs of seniors, a county release said. The Alliance for Aging, Health Foundation of South Florida, United Way of Miami-Dade, Urban Health Partnerships and AARP Florida are also involved.

"Transportation is part and parcel of any age-friendly community and it is clearly an issue here," said Linda Schotthoefer, senior director of community initiatives for United Way of Miami-Dade.

"It's mentioned in every focus group. Older adults often have difficulty with getting around, and the transportation options they have frequently don't feel reliable."

Many baby boomers who are entering the senior population prefer ride-sharing services, "but not everyone is trusting of that," Ms. Schotthoefer said.

equation, which can be easy to do."

"Miami-Dade County is home to the largest population of older adults age 60 and over in Florida, more than half a million, with that number expected to rise to over 800,000 by 2040," the county release said.

"Now that Miami-Dade County has officially been accepted into the network, the initiative will kick off its next phase with a survey that

will inform the expansion and finalization of an action plan for continued age-friendly efforts in the county." The plan is to address seniors' concerns, including how to get around when they can no longer drive.

Among the goals: "Advocate and implement streets that are safe for all modes, users and mobility. Ensure older adults have the opportunity to safely drive as well as

have knowledge of and access to on-demand transportation services and quality transit stops."

The initiative even tiptoes around the delicate issue of taking away the keys. "The percentage of older adults with driver's licenses has remained relatively constant over the past few years. There are currently no standards for determining whether someone is able to continue driving. Assistance with

getting the conversation st... families is needed."

The county's Golden P... program issues free passes... trobus, Metromover and M... to adults 65 and older, bu... seniors might prefer Ub... services, the release said. ... up, door-to-door services a... preferred due to convenien... cost and availability ca... challenges."

welfare of Miami-Dade residents, ac-   The transportation department has   county when construction is done so   oversee the Dolphin Station's develo...

TAKE THE CHALLENGE
Live the Journey

Participate in the...
Battle of the Counties

Let's Go Miami-Dade!

Help design the transportation system of the future

Miami-Dade Joins Age-Friendly Network

Network of Age-Friendly Communities

AARP
Real Possibilities

Updated January 3, 2017

AARP LIVABLE COMMUNITIES

AGE FRIENDLY INITIATIVE
Miami-Dade County

www.AgeFriendlyMiami.org

Miami-Dade Joins Age-Friendly Network

WHO Global Network of Age-friendly Cities and Communities

Legend:
- ● Member cities and communities
- ■ Countries covered in the Network
- ■ Not applicable

0   875   1,750   3,500 Kilometers

Data Source: World Health Organization
Map Production: Health Statistics and
Information Systems (HSI)
World Health Organization

World Health Organization

AGE FRIENDLY INITIATIVE
Miami-Dade County

WHO Global Network
for Age-friendly Cities
and Communities

Miami-Dade Joins Age-Friendly Network

2015:
Sarasota County (February 2015)
Tallahassee (June 2015)
Winter Haven (October 2015)

2016:
Cutler Bay (March 2016)
Hallandale Beach (May 2016)
St. Petersburg (June 2016)
Village of Pinecrest (July 2016)
Miami-Dade County (November 2016)
Hollywood (November 2016)
Longwood (December 2016)
Satellite Beach (December 2016)
Lakeland (December 2016)

2017:
Fort Lauderdale (January 2017)
Pinellas County (January 2017)
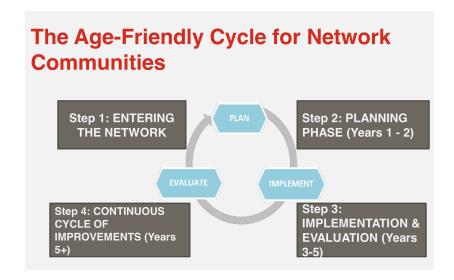
Florida Age-Friendly Network

AARP®
Real **P**ossibilities

AGE FRIENDLY INITIATIVE
Miami-Dade County

Next Steps for AFI

- Survey of Age-Friendliness of the community

- Update Age-Friendly Action Plan including indicators

- Involve Older Adults throughout the process

The Age-Friendly Cycle for Network Communities

Step 1: ENTERING THE NETWORK

PLAN

Step 2: PLANNING PHASE (Years 1 - 2)

EVALUATE

IMPLEMENT

Step 4: CONTINUOUS CYCLE OF IMPROVEMENTS (Years 5+)

Step 3: IMPLEMENTATION & EVALUATION (Years 3-5)

AARP LIVABLE COMMUNITIES

WHO Global Network for Age-friendly Cities and Communities

LEADERSHIP DEVELOPMENT

- Continued leadership through
  - Lead Agencies
  - Coordinating Staff
  - Advisory Committee

Age-Friendly Activities 2017

- Leadership Development
- Age-Friendly Survey
- Age-Friendly Action Plan
- Older Adult Involvement
- Age-Friendly Ambassadors
- Awareness & Communications
- Sustainability

AGE-FRIENDLY SURVEY

- Main Survey (Phone)
  - AARP National Research Office
- Supplemental:
  - Online
  - In-Person

Age-Friendly Activities 2017

- Leadership Development
- Age-Friendly Survey
- Age-Friendly Action Plan
- Older Adult Involvement
- Age-Friendly Ambassadors
- Awareness & Communications
- Sustainability

AGE-FRIENDLY ACTION PLAN

- Survey will Inform an update to:
  - Priorities
  - Strategies
  - Indicators
  - Performance Measures

Age-Friendly Activities 2017

- Leadership Development
- Age-Friendly Survey
- Age-Friendly Action Plan
- Older Adult Involvement
- Age-Friendly Ambassadors
- Awareness & Communications
- Sustainability

OLDER ADULT INVOLVEMENT

- AFI will involve Older Adults in the Action Planning Process through:
  1. **Surveys of Older Adults in the Community**
  2. **Outreach & Listening in the Community**
  3. **Older Adult Advisory Committee**
     - Option 1: A subset of Advisory Committee (attends these meetings plus additional as needed)
     - Option 2: A separate group with different agenda items

Age-Friendly Activities 2017

- Leadership Development
- Age-Friendly Survey
- Age-Friendly Action Plan
- Older Adult Involvement
- Age-Friendly Ambassadors
- Awareness & Communications
- Sustainability

AGE-FRIENDLY AMBASSADORS

- Online Training being developed by United Way of Miami-Dade

- Covering 8 Domains + People, Statistics, Perceptions & Money

- Once ready, will begin with testing then outreach

Age-Friendly Activities 2017

- Leadership Development
- Age-Friendly Survey
- Age-Friendly Action Plan
- Older Adult Involvement
- Age-Friendly Ambassadors
- Awareness & Communications
- Sustainability

AWARENESS & COMMUNICATIONS

- Updates to website
- Coordinated Announcements
- PR/Communications Staff from Lead Agencies
- Other opportunities?

Age-Friendly Activities 2017

- Leadership Development
- Age-Friendly Survey
- Age-Friendly Action Plan
- Older Adult Involvement
- Age-Friendly Ambassadors
- Awareness & Communications
- Sustainability

SUSTAINABILITY

- Sustain initiative mission through
  - Planning for future goals and activities
  - Identifying funding opportunities and key partners

Age-Friendly Activities 2017

- Leadership Development
- Age-Friendly Survey
- Age-Friendly Action Plan
- Older Adult Involvement
- Age-Friendly Ambassadors
- Awareness & Communications
- Sustainability

Partner

Updates

Aging in Place Design Charrette
March 7, 2017

Aging in Place Design Guidelines
http://www.enterprisecommunity.org/node/18245

Prioritization Matrix
http://www.enterprisecommunity.org/node/13430

Age-Friendly Design Charrette
Focus: Underline Coconut Grove Station
March 9-11, 2017

Alliance for Aging, Inc.
Area Agency on Aging for
Miami-Dade & Monroe Counties

afa
Alliance for Aging, Inc.
Answers on Aging

DEPARTMENT OF
ELDER
AFFAIRS
STATE OF FLORIDA

Aging and Disability Resource Center

Area Plan 2017-2019
Overview: MIAMI-DADE COUNTY

AFI Advisory Committee
March 21, 2017

Alliance for Aging, Inc.

► Area agency on aging for Miami-Dade and Monroe Counties

► Administer over $30 million in federal, state, and local funding, providing accountability and oversight to 26 contracted service providers in Miami-Dade County and one in Monroe

► Required to create a 3-year Area Plan (2017-2019) that describes the service area, identifies the service needs of older adults, and describes how the Alliance will work to meet those needs in collaboration with other community partners. As of 3/20/17, the Area Plan has not been approved, therefore the conclusions presented here are still considered as draft.

Alliance for Aging afa
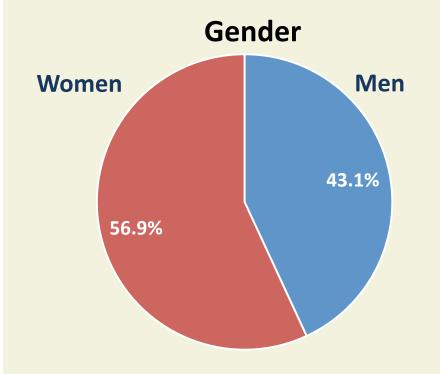
What Do the Numbers Say?

2016 Miami-Dade Age 60+

564,586 age 60+

Gender

Women 56.9%

Men 43.1%

Race/Ethnicity

	#	%
White	461,355	81.7
Black	93,338	16.5
Other	9,893	1.8

	#	%
White Hispanic	366,628	64.8
Non-White Hispanic	16,037	2.8
Non Hispanic	181,921	32.2

Source: Department of Elder Affairs, County Profile 2016

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Age 60+ Population is Growing

	2010	2015	2020	2025	2030	2035	2040
Total 60+	476,233	536,607	611,251	700,801	767,058	817,039	845,852
% change		+12.7%	+13.9%	+14.6%	+9.5%	+6.5%	+3.5%
% of pop	19.1%	20.4%	21.9%	23.9%	25.1%	25.9%	25.9%

► In 2015, Miami-Dade County had a lower proportion of elders in the total population (20.9%) than the state of Florida (29.5%)

► Projections indicate that by 2030, one in four residents of Miami-Dade (and the state) will be age 60+

► Elders aged 60+ live all over, but concentrated in areas such as:

- Medley
- Hialeah
- Aventura, North Miami Beach
- Miami Beach
- University Park, Westchester

Alliance for Aging afa

Age 85+ Population is Growing

	2010	2015	2020	2025	2030	2035	2040
Total 85+	45,866	54,723	61,061	70,032	75,280	89,201	95,479
% change		+19.2%	+16.4%	+24.0%	+22.4%	+37.7%	+20.9%

► Miami-Dade County has seen a 19.2% increase in people age 85+ from 2010 to 2015

► This rapid growth trend is expected to continue for the next two decades, peaking in 2035

► The number of people age 85+ in Miami-Dade will more than double between 2010 and 2040

► Elders age 85+ live all over, but concentrated in isolated census tracts in:
- Coconut Grove
- West Miami
- Kendall
- Homestead

This trend is partially due to the large number of Baby Boomers who have a longer life expectancy than previous generations.

► Heaviest concentration in Miami Beach (South Beach)

Alliance for Aging

Service Need Risk Factors

▶ Among 564,586 elders age 60+ in Miami-Dade in 2016:
  - 111,924 (19.8%) living alone
  - 53,983 (9.6%) living with Alzheimer's
  - 58,627 (10.4%) age 85+
  - 104,473 (18.5%) with 2 or more disabilities
  - 234,871(41.6%) with limited English proficiency

▶ Among 418,731 elders age 65+, 126,409 (30.1%) are living in areas having medically underserved populations, and 1,406 (0.2%) live in medically underserved areas

▶ Elders living in rural areas are less likely to receive services (lack of outreach, lack of locations)

Alliance for Aging

#1 Risk Factor: Poverty

► One in five (20%) of all elders in Miami-Dade have incomes below the Federal Poverty Level (FPL), and more than one in four (28.5%) of minority elders live below 125% of FPL

► One in five (21.9%) of Florida's poor elders live in Miami-Dade County

► Nearly 30% (157,826) of elders age 65+ in Miami-Dade are eligible for both Medicare and Medicaid, resulting in the largest SMMCLTC wait list in the state

► Miami-Dade is an expensive place to live, stressing the limited, fixed incomes of many older adults

Alliance for Aging

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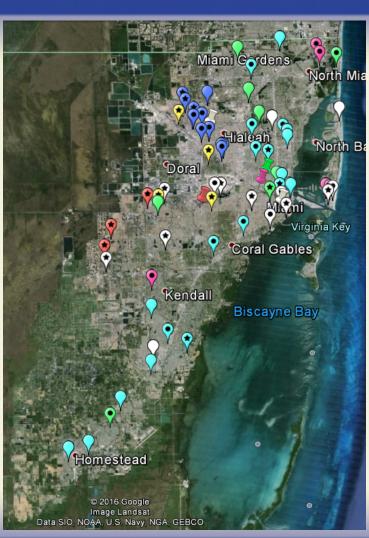
Services for Older Adults

Service Array for 2016

► Services provided via contract with 27 contracted providers include:

- Screening & assessment, case management, case aide
- Nutrition screening & education; home-delivered meals (hot & frozen); congregate meals
- Chore, homemaker, and personal care services
- Transportation
- Caregiver training & support; in-home and facility respite
- Companionship, home improvement, material aid, specialized medical equipment, and basic/special subsidies

Alliance for Aging afa

Congregate Meal Sites

▶ 12 providers

▶ 74 sites in Miami-Dade

▶ Largest sites:

- Rafael Villaverde Sr Ctr (380)
- Badia Sr Ctr (250)
- Goodlet Sr Ctr (250)
- Allapattah C.A. (220)
- Malcolm Ross Sr Ctr (200)

▶ Capacity to serve 6,976 meals for elders per day

Alliance for Aging

Wait Lists

- **2,947** Older Americans Act (OAA) (federal funding)
  - Contracted Aging Network providers are responsible for screening, adding people to the list, and releasing people from the waitlist to receive services (based on targeting priorities)
- **8,231** Community Care for the Elderly (CCE) Program and **1,812** Home Care for the Elderly (HCE) Program (state funding)
  - Both the Alliance for Aging and contracted Aging Network providers can screen and add clients to the waitlist. When the provider identifies funding from within their budget to serve additional people, they notify the Alliance to release them from the wait list. The provider then contacts clients, determines need, develops a care plan, and provides services.
- **9,451** Statewide Medicaid Managed Care Long Term Care Program (SMMCLTCP)
  - The provider notifies the Alliance of appropriate clients; the Alliance conducts initial screening and places people on the statewide waiting list; when released by the state, the Alliance coordinates with CARES and DCF to ensure individuals meet eligibility requirements for the program

Alliance for Aging afa

Miami-Dade County Challenges

- Sheer volume of elders to be served (over ½ million)
  - **The Aging & Disability Resource Center (ADRC) received about 2,000 calls per month in 2012 and now receives 8,000+ per month**
- Large, poor population of elders with insufficient income to meet basic needs (e.g., housing, food, transportation)
- Limited funding for services to meet the needs of local elders means those in most need—in the most danger of being institutionalized—are prioritized for services based on a comprehensive assessment
- Large numbers of unserved elders and their caregivers remain at all income levels, but there is overwhelming demand for free or low-cost services

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Underserved Elders in Miami-Dade

After consulting with data, older adults, and provider organizations, the Alliance identified the following:

► **Service gaps:** respite care and adult day care (insufficient funding for free/low-cost/full-time care); caregiver support (low demand for underutilized services); on-demand, door-to-door transportation; culturally and linguistically appropriate services (e.g., for Haitian and LGBT elders)

► **Geographic gaps:** elders in rural areas of Miami-Dade; elders in communities with persistent poverty

► **Demographic gaps:** racial/ethnic minority elders (especially Blacks and Haitians) are underserved (16% of the population but not receiving services in that proportion)

Targeting Priorities 2017-2019

Geographic Areas	Racial/Ethnic Groups	Special Subpopulations
Monroe County, especially rural	Blacks	Caregivers
South Dade, especially rural	Haitians	Elders with Alzheimer's
Miami-Dade County's Most Distressed Neighborhoods:	Limited English Speakers (e.g., Spanish, Haitian Creole)	LGBT Elders
		Elders/adults with a disability

Miami-Dade County's Most Distressed Neighborhoods:

- North Miami
- Golden Glades/Opa Locka
- Little Haiti/Miami Shores
- Gladeview
- Brownsville/Liberty City
- Allapattah
- Overtown/Downtown
- Little Havana
- West Grove
- South Miami
- Cutler Ridge/Perrine
- Homestead
- Florida City

Source: The Metropolitan Institute/FIU Prosperity Initiative Research Study

Targeting priorities are established based on estimates of unmet need and underserved populations contained in the Area Plan.

Unfortunately, lack of adequate funding stresses the capacity of the ADRC (calls have quadrupled from 2,000 per month in 2012 to 8,000 per month in 2016); requires prioritizing services to those in the most need; and prevents the Alliance from expanding services, offering new services, or serving more elders overall.

Alliance for Aging *afa*

Proposed Goals

► Empower senior, individuals with disabilities, their families, and other consumers to choose and easily access options for existing mental and physical health and long-term care.

► Enable individuals to maintain a high quality of life for as long as possible through the provision of home and community-based services, including supports for family caregivers.

► Empower seniors and their caregivers to live active, healthy lives to improve their mental and physical health status.

► Ensure the legal rights of seniors are protected and prevent their abuse, neglect, and exploitation.

► Promote planning and collaboration at the community level that recognize the benefits and needs of its aging population.

► Maintain effective and responsive management.

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Answers on Aging

DEPARTMENT OF
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STATE OF FLORIDA

Aging and Disability Resource Center

For more information, call:

☎ 1-800-96-ELDER   ☎ 305-670-HELP

SCOPE OF SERVICES

- **Task 1:** Review Literature

- **Task 2:** Engage the Study Advisory Committee

- **Task 3:** Select Goals, Objectives, Formulate Strategy

- **Task 4:** Collect and Analyze Data

- **Task 5:** Recommend Improvements

- **Task 6:** Prepare and Disseminate Reports

Proposed Schedule

Task	MONTH 1	2	3	4	5	6	7
1. Review Literature	████	████	▲				
2. Engage Study Advisory Committee	████	▼████	▼████	▼████	▼████	▼████	████
3. Select Goals/Objectives/Strategies		████	████	▲			
4. Collect and Analyze Data		████	████	▲			
5. Recommend Improvements			████	████	████	▲	
6. Prepare and Disseminate Final Report					████	████ D	████ F

LEGEND

▼	Study Advisory Committee Meeting	D	Draft Report
▲	Working Paper	F	Final Report and Executive Summary PowerPoint

Miami-Dade County MPO Aging Road Users Safety Plan

Topic: National Center for Statistics and Analysis (NCSA), an office of the National Highway Traffic Safety Administration, 2017 Crash Stats 1 of 2

Source: https://crashstats.nhtsa.dot.gov/?_ga=1.169131041.1636299236.1487088386#/PublicationList/32

Author(s): National Highway Traffic Safety Administration

Date: 2017

Abstract:

Overview

In 2015 there were 6,165 people 65 and older killed and an estimated 240,000 injured in motor vehicle traffic crashes. Older people made up 18 percent of all traffic fatalities and 10 percent of all people injured in traffic crashes during the year. Compared to 2014, there was an 8-percent increase in the numbers of both fatalities and those injured in the older age group.

Figure 1
Motor Vehicle Traffic Fatality Rates by Age Group, 2006–2015

Source: Fatality Analysis Reporting System (FARS) 2006–2014 Final File, 2015 Annual Report File (ARF).
Population: Bureau of the Census.

In 2015, some 47.8 million people—about 15 percent of the total U.S. resident population—were 65 and older. Over the past decade the fatality rate per 100,000 population of older people has steadily declined from 16.3 in 2006 to 12.9 in 2015. Figure 1 shows motor vehicle traffic fatality rates according to age groups.

Some notable changes among the 65-and-older age group, over the most recent 10 years of data (2006 to 2015), are:

- The population increased by 29 percent (males increased by 34% and females by 24%).
- Motorcyclist fatalities, though a relatively small number, increased by 142 percent (males increased by 144% and females increased by 100%).
- Driver fatalities among the older population increased by 3 percent (increased for males by 10% and decreased for females by 11%).
- Older pedalcyclist fatalities increased by 12 percent overall (increased for males by 8% and for females by 38%).

People 65 and older made up 15 percent of the population in 2015. Thirteen percent the male population was 65 and older, while 16 percent of females were in this age group. Note that from 2006 to 2015 the number of older people in the U.S. increased by 29 percent (males by 34% and females by 24%), while the total population of all ages increased by 8 percent. Thus, a larger percentage of the population is in this age group than had been a decade ago (12% in 2006 to 15% in 2015). While there are both a larger number and larger percentage of females in this age group, gender differences shrunk over the decades.

Thank you!

Questions/Comments?

Partner Announcements

GET INVOLVED

- **WAYS TO GET INVOLVED**

  - Join a Workgroup

  - Complete Advisory Committee Form

  - Share your projects, events, and updates

  - Help share age-friendly message and information

  - Nominate an Older Adult or Ambassador

- **Next Advisory Committee Meetings**

- Tuesday, June 6, 2017
  - 1:00 - 2:30 pm

- Tuesday, September 12, 2017
  - 1:00 - 2:30 pm

- Tuesday, December 2, 2017
  - 1:00 - 2:30 pm

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