



Alliance for Aging, Inc.
Area Agency on Aging for
Miami-Dade & Monroe Counties



Program Overview, 2018

The Aging Network

Administration on Aging

Enacted by Federal Statute

Administers Federal Grant Awards

Publishes Educational Aging Material

Conducts Research in the field of Aging

Evaluates effectiveness of Aging Programs

Department of Elder Affairs

Enacted by Federal & State Statutes

Serves as Single State Agency on Aging

Sets Statewide Aging Policy Directions

Administers Federal & State Funding

Establishes Long-term Care policy

Area Agencies on Aging

Enacted by Federal & State Statutes

Develops Local Coordinated Service Delivery Systems

Conducts Area-wide Program Planning and Development

Funds Lead Agencies and Other Service Providers

Assures Quality and Accountability

CCE Lead Agencies (3)

Enacted by State Statute

Designated by Area Agency on Aging

Develops Client's Care Plan and Provide Direct Services

Subcontracts with other Providers for Selected Services

Provides Ongoing Case Management Service

Local Service Providers (27)

Selected through Local Competitive Bidding

Contracts with AAA or Lead Agency to Provide Services

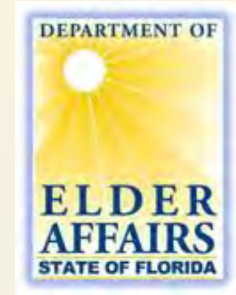
Translates Funding into Direct Services

Coordinates Services with other Local Elder Interests

Serves as Visible Focal Points for Elder Issues

Organizational Overview

- 501(c)3 nonprofit; Area Agency on Aging; Planning & Service Area (PSA) 11; serves Miami-Dade and Monroe Counties
- Responsible for over \$39 million in Federal, State, and local funding in 2017
- Administrative expenses are <5% of total funds
- Provide home and community based services through contracts with provider agencies
- External funding (grants and contracts) for additional programs: healthy aging, financial exploitation, age friendly communities



Core Alliance Functions

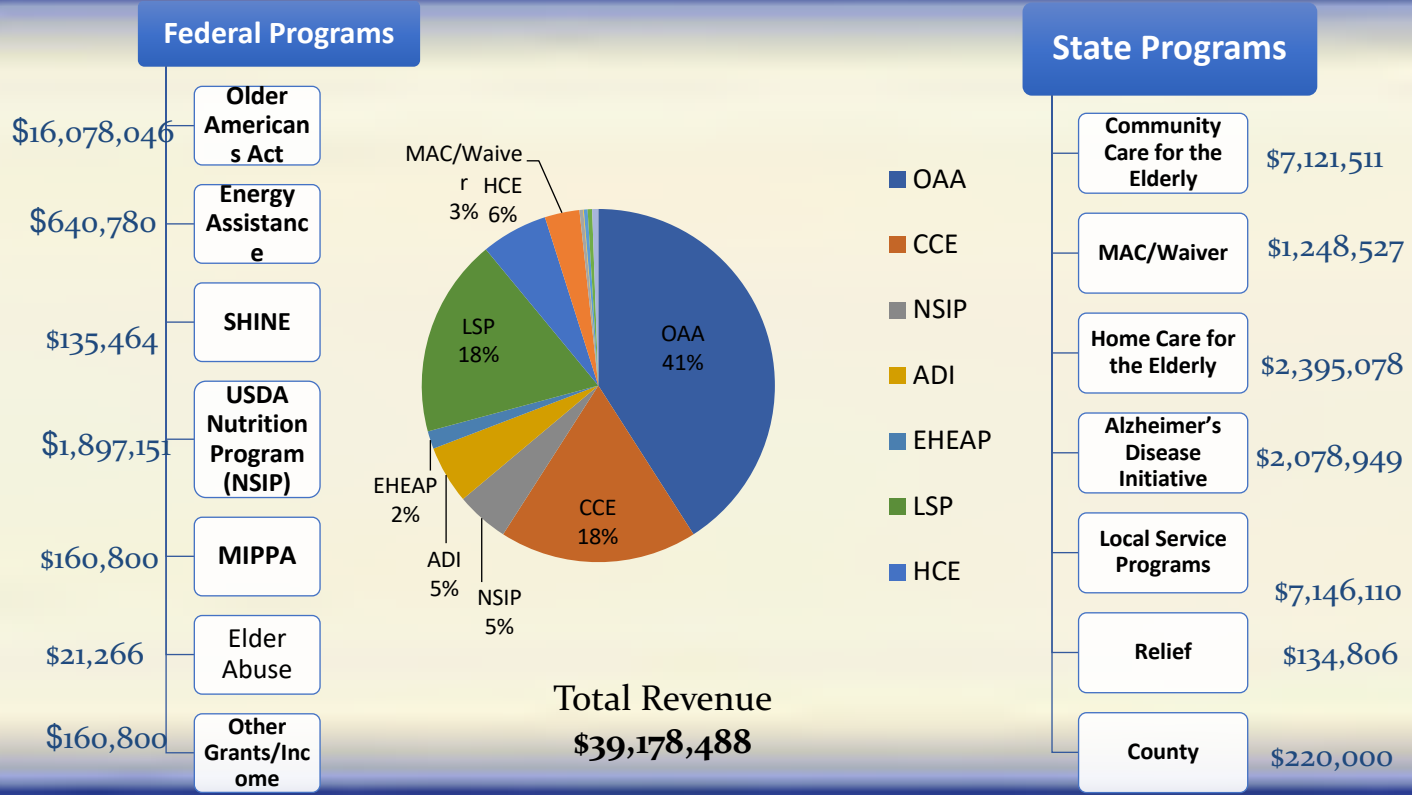
- **Aging & Disability Resource Center (ADRC)**, the focal point for information and access for 600,000 older adults in Miami-Dade and Monroe Counties. It includes Information and Referral (Elder Helpline), Intake or assessment, and Medicaid Benefits coordination for those seeking entry into the Medicaid Managed Long-Term Care Program.
- **Program Integrity and Accountability**, which includes awarding and monitoring contracts with service provider agencies throughout both counties. These contracts consist of all funds received by the Alliance from the Department of Elder Affairs, both federal (the Older Americans Act) and State (all general revenue-funded programs including CCE, HCE, ADI, and member-driven Local Services Programs (LSP) which are very similar to services funded under the Older Americans Act.
- **Serving the Health Insurance Needs of Elders (SHINE)**: unbiased information on Medicare, Medicaid, and other insurance options
- **Population Health Programs**: delivers education on Chronic Disease management, Elder Abuse & Financial Exploitation, Falls Prevention, Exercise & Nutrition, and other education/prevention programs.
- **Planning**: needs assessments to guide services allocations, Area Plan, Grants Management, Agency Operations Analytical Support

People Served

- In 2017, the Alliance funded home and community based services for more than 99,000 older adults, their caregivers and family members.
 - Our typical client is a Hispanic female, age 75+, living alone, with monthly income below \$958
- In 2017, the Alliance funded 168,556 hours of caregiver respite and 156,115 hours of adult day care for 1,535 elders and their caregivers
 - The majority of caregivers served are Hispanic women caring for fathers or husbands, and 25% are age 75+ themselves



Program and Funding Matrix, 2017



The Alliance Delivers: Access and Information

Key functions:

- ▶ Information and referral
- ▶ Screening
- ▶ Triage
- ▶ Eligibility determination
- ▶ Wait list management
- ▶ Long-term care options



In 2017, the Aging and Disability Resource Center (ADRC):

- Received almost 102,000 incoming calls
- ▶ Provided information and referrals for community-based resources - both publicly funded and private pay - to nearly 86,000 older adults and adults with disabilities
- ▶ Referred 14,448 elders and adults with disabilities to intake for screening
- ▶ Assisted 6,659 elders with eligibility determination for State Medicaid Managed Long Term Care Program



The Alliance Delivers: Help

- In 2017, the Alliance provided emergency assistance to 100 older adults, referred by Adult Protective Services, who were at high risk of abuse or neglect
- In 2017, the Alliance helped 1,275 households receive Emergency Home Energy Assistance for the Elderly (EHEAP). Almost half of those households had at least one disabled member, and 38% of those households were at least 100% above poverty level.



The Alliance Delivers: Services

Using funding from the Alliance, in 2017 partners in the Aging Network provided:

- 1.19 million home-delivered meals for older adults
- 2 million+ congregate meals for elders at locations across the community (senior centers, elder housing, parks)
- Transportation totaling 350,000 trips, taking elders to meal sites, senior centers, doctors' offices, etc.
- Nearly 380,000 hours of personal care, chore, and homemaking services
- Over 285,000 hours of Respite Services (breaks for caregivers)
- Over 156,000 hours of Adult Day Care
- 1,275 households provided energy assistance



The Alliance Delivers: Accountability

- Program integrity for subcontracted service providers
- Contract monitoring and management
- Annual monitoring and follow-up
- Quarterly file reviews
 - ▶ Annual review of service provider applications
 - ▶ Training and technical assistance for provider organizations



The Alliance Delivers: SHINE

Serving the Health Insurance Needs of Elders (SHINE)



- Help elders understand and receive the health insurance coverage they need through Medicare, Medicaid, Prescription Assistance, Long-Term Care Planning and Insurance, and other healthcare issues
- 38 SHINE volunteers currently provide free, unbiased insurance counseling and educational materials. In 2017, nearly 8,000 elders, caregivers, and their family members were assisted.

Population Health Programs


- **Evidence-Based Health Education Programs**
 - Promotes healthy aging by educating older adults about chronic diseases and coordinating evidence-based health promotion programs
 - Diabetes and other Chronic disease self-management program – 500 older adults trained
 - Matter of Balance – falls prevention program – 500 older adults trained
- **Elder financial fraud and exploitation Workshops**
 - elder financial fraud and exploitation and how to prevent it
 - elder abuse—physical, verbal, emotional, psychological, or sexual—and neglect, including self-neglect
- **Veterans Directed Home-Care Based Service Program**
 - Funded by the Veterans Administration, this program allows veterans to choose and hire their own caregivers, providing them more access, choice and control over their long term care services.
 - Goals: Reduce nursing home placement and readmissions to hospital
 - 35 Veterans served
- **Planning**
 - Participation in collaborative initiatives to enhance the quality of life for older adults in our communities by coordinating efforts across organizations
 - Annual reports to the Department of Elder Affairs
 - Area Plan specifies how the Alliance will identify and meet the needs of elders in the community



Alliance for Aging, Inc.
Area Agency on Aging for
Miami-Dade & Monroe Counties



For more information, call:

 **1-800-96-ELDER**

 **305-670-HELP**