



# Stakeholder Advisory Committee Meeting

**Miami-Dade Age-Friendly Initiative**  
**Tuesday, May 15, 2018, 1:00 p.m. – 3:00 p.m.**

**Alliance for Aging**  
**760 NW 107 Avenue, Suite 214, Miami, FL 33172**  
**Dial In Option: 305-330-4986, PIN: 28369**

# Miami-Dade

*Age-Friendly Initiative*

The Miami-Dade Age-Friendly Initiative is a collaborative effort to create a community where older adults of all ages can stay active, engaged, and healthy with dignity and enjoyment.



# AGENDA

1:00 PM – 3:00 PM

- **Welcome, Introductions & Alliance for Aging Presentation**

1:00  
PM

- **Age-Friendly Public Health System**

1:30  
PM

- **State of Age-Friendly Initiative**

1:45  
PM

- **Age-Friendly Grant Programs**

2:00  
PM

- **Partners Updates & Announcements**

2:20  
PM

- **Opportunities to Get Involved & Closing**

2:40  
PM

# Welcome & Overview from Alliance for Aging



# *Alliance for Aging, Inc.*

*Area Agency on Aging for  
Miami-Dade & Monroe Counties*



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**Program Overview, 2018**

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# Age-Friendly Public Health System



# AGE-FRIENDLY DOMAINS OF LIVABILITY



Adapted from: Suzanne Garon, University of Sherbrooke

# COMMUNITY SUPPORT & HEALTH SERVICES



In order to meet the needs of older adults, an age-friendly community needs to provide adequate access to all levels of health care and offer services that promote, maintain and restore health.

Community support including delivery of services, social services and widespread information and resources for emergency planning is a vital component of healthy aging system.

**Vision for Miami-Dade County:** Older adults are supported by quality health care, community based wellness and supportive services.

[www.AgeFriendlyMiami.org/Age-Friendly-Domains](http://www.AgeFriendlyMiami.org/Age-Friendly-Domains)



# AGE-FRIENDLY PUBLIC HEALTH SYSTEM



## *Framework for an Age-Friendly Public Health System*

1. **Connecting and convening multiple sectors and professions** that provide the supports, services, and infrastructure to promote healthy aging
2. **Coordinating existing supports and services** to avoid duplication of efforts, identify gaps, and increase access to services and supports
3. **Collecting data to assess community health status** (including inequities) and aging population needs to inform the development of interventions
4. **Conducting, communicating, and disseminating research findings** and best practices to support healthy aging
5. **Complementing and supplementing existing supports and services**, particularly in terms of integrating clinical and population health approaches



<https://www.johnhartford.org/events/view/tfah-report-creating-an-age-friendly-public-health-system/>

# AGE-FRIENDLY HEALTH SYSTEM



## What Is an Age-Friendly Health System?

A system that provides older adults:

- Get the best care possible;
- Healthcare-related harms to older adults are dramatically reduced and approaching zero;
- Are satisfied with their care; and
- Value is optimized for everyone — patients, families, caregivers, health care providers and health systems.



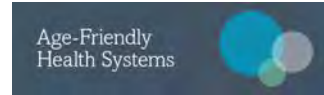
<http://www.ihl.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx>

# AGE-FRIENDLY HEALTH SYSTEM



The initial focus of the health systems participating in the initiative will be four high-level elements & interventions (the "4 Ms"):

- **What Matters:** Understand and actively support what matters to older adult patients (health outcomes and care preferences)
- **Mobility:** Maintain/support mobility, create environments that enable mobility
- **Medications:** Optimize medications to reduce harm and burden
- **Mentation:** Create conditions that help improve mentation by addressing issues such as dementia, delirium, and depression



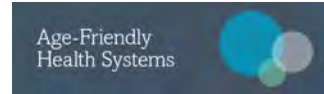
<http://www.ihl.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx>

# AGE-FRIENDLY HEALTH SYSTEM



## PROJECT OVERVIEW

- The John A. Hartford Foundation & IHI have adopted an aim of establishing Age-Friendly Care in 20% of US hospitals and health systems by 2020. Currently testing in 5 health systems
- Will accomplish aim by building a social movement across care settings that seeks the the reliable implementation of better care practice for older adults



## *Why will this be better for older adult patients?*

- Health Systems will provide care that respects the goals and preferences of older adults, and truly include family and caregivers in the plan of care



<http://www.ihf.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx>


# COMMUNITY SUPPORT & HEALTH SERVICES



## **Age-Friendly Public Health & Healthcare System In Miami-Dade**

- Are there new opportunities, ideas, or partnerships that can come from this age-friendly lens in health systems?
- Who else needs to be involved in our age-friendly work?

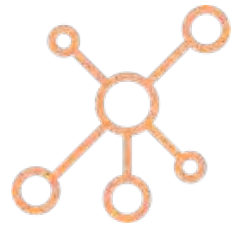
[www.AgeFriendlyMiami.org/Age-Friendly-Domains](http://www.AgeFriendlyMiami.org/Age-Friendly-Domains)



# State of Age-Friendly Initiative & Network Update



# AGE-FRIENDLY NETWORK UPDATE



Completed two surveys  
(AgeFriendlyMiami.org/Survey)



Updated our Age-Friendly Action  
Plan & Indicators



Ensure we are involving older adults  
throughout the process



WHO Global Network  
for Age-friendly Cities  
and Communities

# AGE-FRIENDLY DOMAINS OF LIVABILITY



Adapted from: Suzanne Garon, University of Sherbrooke

# AGE-FRIENDLY PROJECTS & UPDATES

## Age-Friendly Activities 2018

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- Leadership Development
  - Age-Friendly Ambassadors
  - Aging Road User Road Safety Audits
  - Municipal Commitment & Technical Assistance
  - Age-Friendly Mini-Grants
  - Older Adults in All Policies
  - Awareness & Communication
  - Sustainability & Development

# Older Americans Month & Resource Fair





# Age-Friendly Grant Programs

# AARP COMMUNITY CHALLENGE GRANTS



The advertisement features a red background with white text and icons. On the left, there is a white rectangular area containing icons of a city skyline, a person on a bicycle, a group of people, and a bus. To the right of this area, the text 'AARP COMMUNITY CHALLENGE' is written in large, bold, white capital letters. Below this, the text 'Grants to make communities livable for people of all ages' is written in a smaller, white font. At the bottom left, the URL 'aarp.org/CommunityChallenge' is displayed in white. On the bottom right, the text 'Deadline: Tomorrow! May 16<sup>th</sup>' is written in bold black font.

**AARP  
COMMUNITY  
CHALLENGE**

Grants to make communities livable  
for people of all ages

[aarp.org/CommunityChallenge](http://aarp.org/CommunityChallenge)

**Deadline:  
Tomorrow! May 16<sup>th</sup>**



# AGE-FRIENDLY MINI-GRANTS



- An Age-Friendly, competitive, mini-grant program is established with up to five (5) municipalities or organizations receiving mini-grants to implement age-friendly strategies related to urgent areas as identified in the age-friendly surveys conducted in 2017, including housing, transportation, employment, and community support and health services.

## Age-Friendly Activities 2018



# WHY MINI-GRANTS?

## ***Benefits***

- An opportunity to reach more groups & individuals
- Can go toward needs that are otherwise overlooked
- Simpler application and reporting; simpler timeline
- Can help expand an already existing initiative or project
- Fosters collaboration
- Helps expand reach and find new partners!

## ***Examples***

- AARP Community Challenge Grant
- America Walks Everybody Walks! Micro Grants



# MOST URGENT AREAS FOR MIAMI-DADE



Transportation



Housing



Civic Participation  
& Employment



Community & Health Services

Rank	Issue	Description
1	HEALTH	Insurance is affordable, accessible, and prepared to meet needs
2	LOCAL PARTICIPATION & EMPLOYMENT	A wide range of opportunities and involvement opportunities
3	COMMUNITY SUPPORT & SERVICE DELIVERY	Quality health care and community-based services and support services, senior centers, etc.
4	TRANSPORTATION	Reliable, accessible and user transportation system for you to get around including walking, biking, transit, air and car driving
5	HOUSING & HOME SECURITY	A place that is safe, secure, and accessible to all needed in all seasons
6	EDUCATION & RECREATION	Affordable education about senior and opportunities
7	AGING PARTICIPATION	A wide range of opportunities for you to be active in your family, social, religious and community
8	LOCAL PARTICIPATION & EMPLOYMENT	Opportunities to get involved in local government and accessible services provided locally
9	TRANSPORTATION & PUBLIC SAFETY	Safe and reliable public transit and walking for you to live and be active

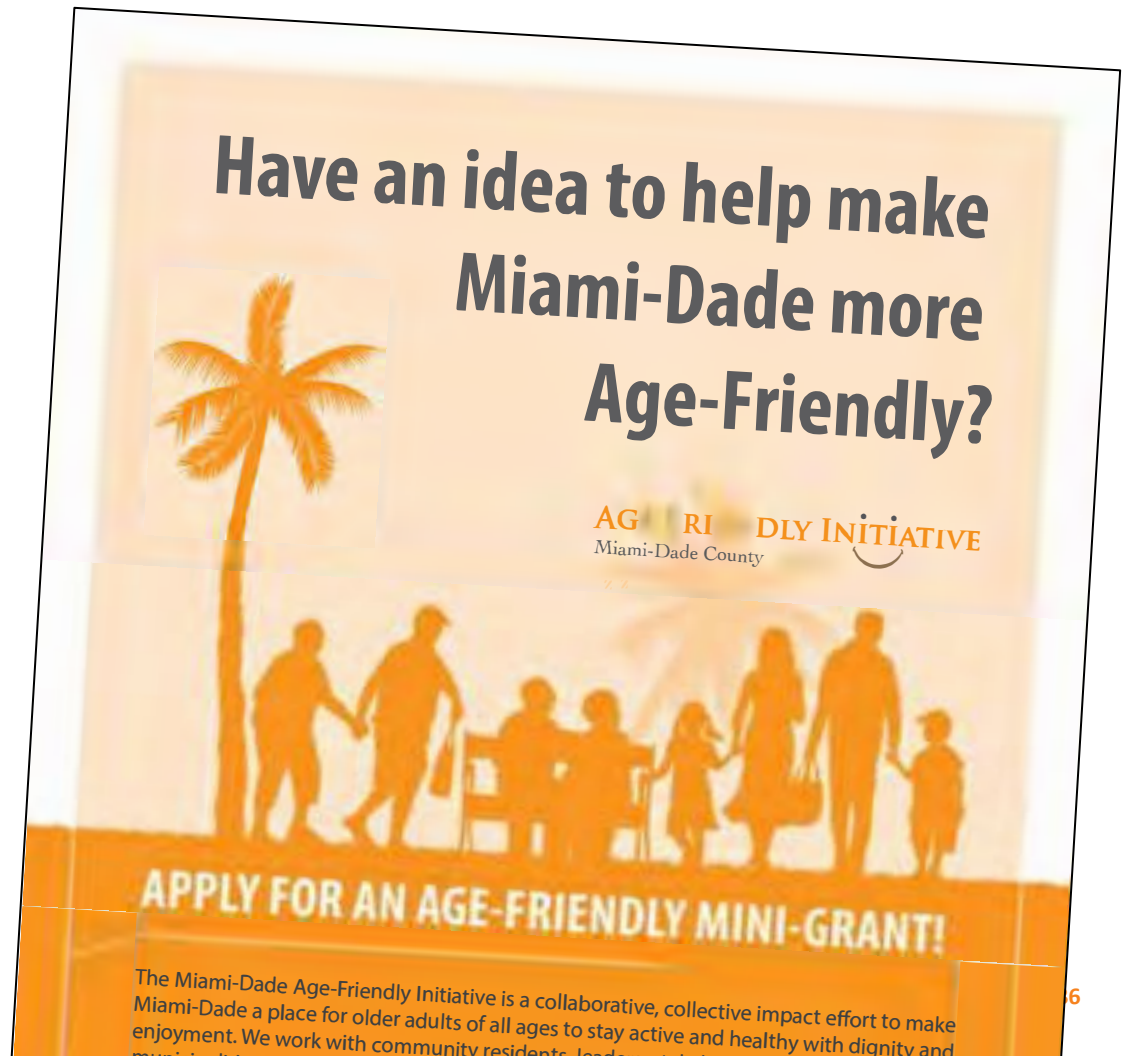
[www.AgeFriendlyMiami.org/Survey](http://www.AgeFriendlyMiami.org/Survey)

# MIAMI-DADE AGE-FRIENDLY MINI-GRANTS

**Live Now!**

**[AgeFriendlyMiami.org/MiniGrants2018](https://AgeFriendlyMiami.org/MiniGrants2018)**

**Deadline: June 15<sup>th</sup>**



# MIAMI-DADE AGE-FRIENDLY MINI-GRANTS

The Miami-Dade Age-Friendly Initiative is proud to announce its first Age-Friendly Mini-Grant Program. The goal of the mini-grant program is to jump-start age-friendly projects across the County. In 2017, the Miami-Dade Age-Friendly Initiative and partners conducted [surveys](#) of age-friendliness. Urgent areas identified in the surveys for action included the domains related to Housing, Transportation, Civic Participation & Employment and Community Support & Health Services.

The Initiative will grant **five** (5) \$2,500 mini-grants to selected eligible projects. Each project must:

- (1) target a specific community, group or neighborhood that will benefit from the project
- (2) have an older adult focus
- (3) focus on a specific [age-friendly domain](#) or domains that were identified to be urgent areas for implementation.



# MIAMI-DADE AGE-FRIENDLY MINI-GRANTS

## Mini-Grant Program Requirements, Eligibility & Important Dates

Applications will be reviewed based on creativity, need, potential for successful implementation, and sustainability. Recipients will receive technical assistance for implementation and will be asked to attend at least one Age-Friendly Initiative meeting to talk about their project. To be eligible to apply, applicant must be a non-profit organization, for-profit company, municipality, agency, or local organization with a great project idea.

**June 15, 2018** – Mini-grant Application Submission Deadline

**June 29, 2018** – Announcement of Winners & MOU's will be Provided to Recipients

**July 1 – December 31, 2018** – Mini-Grant Implementation

**January 18, 2019** – Mini-Grant Recipient Reports Due







## Partner Updates & Announcements

# PARTNER UPDATES & ANNOUNCEMENTS

## Age-Friendly Municipalities

1. Cutler Bay
2. Palmetto Bay
3. Pinecrest
4. City of Miami
5. Coral Gables
6. Other Municipalities / Potential Future Age—Friendly Communities

## Partner Updates & Announcements

1. Elder Issues Committee
2. Older Adults Advocacy Taskforce
3. Miami-Dade Public Libraries – Re-Imaging of Aging
4. Partner Announcements



Hosted by Miami-Dade Public Libraries

**Tuesday, May 22, 2018, 11:30 a.m. - 1:30 p.m.**

Northeast Dade-Aventura Branch  
2930 Aventura Blvd, Aventura, Florida 33180



# National Hispanic Council on Aging

## Empowerment & Civic Engagement Training

*\*Curriculum to inspire, motivate, and provide participants with the tools and resources to advocate for policies that advance the community the areas of economic security, health, housing, and leadership development.*

*\*Conducted in Spanish*

**Monday & Tuesday, June 11 & 12<sup>th</sup>**  
**9 a.m. - 4 p.m.**

Miami-Dade College, 300 NE 2<sup>nd</sup> Avenue

**NHCOA**  
NATIONAL HISPANIC COUNCIL ON AGING

*NHCOA's Empowerment and Civic Engagement Training*

Developing leadership and fostering civic engagement in the Hispanic community is one of NHCOA's most important activities. NHCOA's Empowerment and Civic Engagement Training (ECET) helps Hispanic older adults, their families, caregivers, and grassroots leaders to **become their best advocates** when it comes to policies and programs that have an impact on Latino families at the local, state, and federal level.

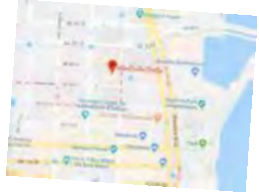

The ECET's culturally and linguistically competent curriculum is specifically designed to inspire, motivate, and provide participants with the tools and resources to advocate for policies that advance the community in the areas of economic security, health, housing, and leadership development. *The ECET is conducted in Spanish.*

**Join us and become YOUR COMMUNITY LEADER!**

**What?**  
Empowerment and Civic Engagement Training (ECET)

**When?**  
Monday, June 11 and Tuesday, June 12, 2018  
9:00 AM – 4:00 PM  
(Breakfast and registration at 8:30 AM)

**Where?**  
Miami Dade College  
300 NE 2nd Ave





# Opportunities to Get Involved

# GET INVOLVED



## WAYS TO GET INVOLVED

**Join a Workgroup/Sub-Committee**  
**Sharing of information & opportunities**  
**Connect with us online or social media**

## NEXT ADVISORY COMMITTEE MEETING

**Tuesday, September 4, 2018, 1:00 – 3:00 pm**

- Hosted at Miami-Dade Transportation Planning Organization
- Stephen P Clark Government Center, 111 NW 1<sup>st</sup> Street, Miami, 33128  
TPO Rear Conference Room, 9<sup>th</sup> Floor





# THANK YOU!

**AGE FRIENDLY INITIATIVE**  
Miami-Dade County



[www.AgeFriendlyMiami.org](http://www.AgeFriendlyMiami.org)



**@AgeFriendlyMIA**  
**#AgeFriendlyMiami**