Stakeholder Advisory Committee Meeting

Miami-Dade Age-Friendly Initiative
Tuesday, May 15, 2018, 1:00 p.m. – 3:00 p.m.

Alliance for Aging
760 NW 107 Avenue, Suite 214, Miami, FL 33172
Dial In Option: 305-330-4986, PIN: 28369
The Miami-Dade Age-Friendly Initiative is a collaborative effort to create a community where older adults of all ages can stay active, engaged, and healthy with dignity and enjoyment.
AGENDA

1:00 PM – 3:00 PM

• Welcome, Introductions & Alliance for Aging Presentation
  1:00 PM

• Age-Friendly Public Health System
  1:30 PM

• State of Age-Friendly Initiative
  1:45 PM

• Age-Friendly Grant Programs
  2:00 PM

• Partners Updates & Announcements
  2:20 PM

• Opportunities to Get Involved & Closing
  2:40 PM
Welcome & Overview from Alliance for Aging
Age-Friendly Public Health System
AGE-FRIENDLY DOMAINS OF LIVABILITY

- Outdoor Spaces & Buildings
- Transportation
- Housing
- Respect & Social Inclusion
- Civic Participation & Employment
- Communication & Information
- Community Support & Health Services
- Social Participation

AGE-FRIENDLY COMMUNITY

Built Environment
Social Environment

Adapted from: Suzanne Garon, University of Sherbrooke
COMMUNITY SUPPORT & HEALTH SERVICES

In order to meet the needs of older adults, an age-friendly community needs to provide adequate access to all levels of health care and offer services that promote, maintain and restore health.

Community support including delivery of services, social services and widespread information and resources for emergency planning is a vital component of healthy aging system.

**Vision for Miami-Dade County:** Older adults are supported by quality health care, community based wellness and supportive services.
AGE-FRIENDLY PUBLIC HEALTH SYSTEM

Framework for an Age-Friendly Public Health System

1. Connecting and convening multiple sectors and professions that provide the supports, services, and infrastructure to promote healthy aging

2. Coordinating existing supports and services to avoid duplication of efforts, identify gaps, and increase access to services and supports

3. Collecting data to assess community health status (including inequities) and aging population needs to inform the development of interventions

4. Conducting, communicating, and disseminating research findings and best practices to support healthy aging

5. Complementing and supplementing existing supports and services, particularly in terms of integrating clinical and population health approaches

AGE-FRIENDLY HEALTH SYSTEM

What Is an Age-Friendly Health System?

A system that provides older adults:

• Get the best care possible;
• Healthcare-related harms to older adults are dramatically reduced and approaching zero;
• Are satisfied with their care; and
• Value is optimized for everyone — patients, families, caregivers, health care providers and health systems.

http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx
AGE-FRIENDLY HEALTH SYSTEM

The initial focus of the health systems participating in the initiative will be four high-level elements & interventions (the "4 Ms"):

• **What Matters**: Understand and actively support what matters to older adult patients (health outcomes and care preferences)

• **Mobility**: Maintain/support mobility, create environments that enable mobility

• **Medications**: Optimize medications to reduce harm and burden

• **Mentation**: Create conditions that help improve mentation by addressing issues such as dementia, delirium, and depression

http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx
AGE-FRIENDLY HEALTH SYSTEM

PROJECT OVERVIEW

• The John A. Hartford Foundation & IHI have adopted an aim of establishing Age-Friendly Care in 20% of US hospitals and health systems by 2020. Currently testing in 5 health systems
• Will accomplish aim by building a social movement across care settings that seeks the reliable implementation of better care practice for older adults

Why will this be better for older adult patients?

• Health Systems will provide care that respects the goals and preferences of older adults, and truly include family and caregivers in the plan of care

http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx
Age-Friendly Public Health & Healthcare System In Miami-Dade

- Are there new opportunities, ideas, or partnerships that can come from this age-friendly lens in health systems?

- Who else needs to be involved in our age-friendly work?

www.AgeFriendlyMiami.org/Age-Friendly-Domains
AGE-FRIENDLY NETWORK UPDATE

Completed two surveys (AgeFriendlyMiami.org/Survey)

Updated our Age-Friendly Action Plan & Indicators

Ensure we are involving older adults throughout the process
AGE-FRIENDLY DOMAINS OF LIVABILITY

BUILT ENVIRONMENT

Outdoor Spaces & Buildings

SOCIAL ENVIRONMENT

Respect & Social Inclusion

Transportation

Civic Participation & Employment

Housing

Communication & Information

Community Support & Health Services

Social Participation

AGE-FRIENDLY COMMUNITY

Adapted from: Suzanne Garon, University of Sherbrooke

www.AgeFriendlyMiami.org
AGE-FRIENDLY PROJECTS & UPDATES

Age-Friendly Activities 2018

- Leadership Development
- Age-Friendly Ambassadors
- Aging Road User Road Safety Audits
- Municipal Commitment & Technical Assistance
- Age-Friendly Mini-Grants
- Older Adults in All Policies
- Awareness & Communication
- Sustainability & Development
Older Americans Month & Resource Fair
Age-Friendly Grant Programs
AARP COMMUNITY CHALLENGE GRANTS

Grants to make communities livable for people of all ages

www.aarp.org/CommunityChallenge

Deadline:
Tomorrow! May 16th
AGE-FRIENDLY MINI-GRANTS

- An Age-Friendly, competitive, mini-grant program is established with up to five (5) municipalities or organizations receiving mini-grants to implement age-friendly strategies related to urgent areas as identified in the age-friendly surveys conducted in 2017, including housing, transportation, employment, and community support and health services.

Age-Friendly Activities 2018

- Leadership Development
- Age-Friendly Ambassadors
- Aging Road User Road Safety Audits
- Municipal Commitment & Technical Assistance
- Age-Friendly Mini-Grants
- Older Adults in All Policies
- Awareness & Communication
- Sustainability & Development
WHY MINI-GRANTS?

Benefits
• An opportunity to reach more groups & individuals
• Can go toward needs that are otherwise overlooked
• Simpler application and reporting; simpler timeline
• Can help expand an already existing initiative or project
• Fosters collaboration
• Helps expand reach and find new partners!

Examples
• AARP Community Challenge Grant
• America Walks Everybody Walks! Micro Grants
MOST URGENT AREAS FOR MIAMI-DADE

Transportation
Housing
Civic Participation & Employment
Community & Health Services

www.AgeFriendlyMiami.org/Survey
MIAMI-DADE AGE-FRIENDLY MINI-GRANTS

Live Now!

AgeFriendlyMiami.org/MiniGrants2018

Deadline: June 15th
The Miami-Dade Age-Friendly Initiative is proud to announce its first Age-Friendly Mini-Grant Program. The goal of the mini-grant program is to jump-start age-friendly projects across the County. In 2017, the Miami-Dade Age-Friendly Initiative and partners conducted surveys of age-friendliness. Urgent areas identified in the surveys for action included the domains related to Housing, Transportation, Civic Participation & Employment and Community Support & Health Services.

The Initiative will grant five (5) $2,500 mini-grants to selected eligible projects. Each project must:

• (1) target a specific community, group or neighborhood that will benefit from the project
• (2) have an older adult focus
• (3) focus on a specific age-friendly domain or domains that were identified to be urgent areas for implementation.
MIAMI-DADE AGE-FRIENDLY MINI-GRANTS

Mini-Grant Program Requirements, Eligibility & Important Dates

Applications will be reviewed based on creativity, need, potential for successful implementation, and sustainability. Recipients will receive technical assistance for implementation and will be asked to attend at least one Age-Friendly Initiative meeting to talk about their project. To be eligible to apply, applicant must be a non-profit organization, for-profit company, municipality, agency, or local organization with a great project idea.

June 15, 2018 – Mini-grant Application Submission Deadline
June 29, 2018 – Announcement of Winners & MOU’s will be Provided to Recipients
July 1 – December 31, 2018 – Mini-Grant Implementation
January 18, 2019 – Mini-Grant Recipient Reports Due
Partner Updates & Announcements
PARTNER UPDATES & ANNOUNCEMENTS

Age-Friendly Municipalities
1. Cutler Bay
2. Palmetto Bay
3. Pinecrest
4. City of Miami
5. Coral Gables
6. Other Municipalities / Potential Future Age—Friendly Communities

Partner Updates & Announcements
1. Elder Issues Committee
2. Older Adults Advocacy Taskforce
4. Partner Announcements
Hosted by Miami-Dade Public Libraries

Tuesday, May 22, 2018, 11:30 a.m. - 1:30 p.m.

Northeast Dade-Aventura Branch
2930 Aventura Blvd, Aventura, Florida 33180
Empowerment & Civic Engagement Training

*Curriculum to inspire, motivate, and provide participants with the tools and resources to advocate for policies that advance the community in the areas of economic security, health, housing, and leadership development.

*Conducted in Spanish

Monday & Tuesday, June 11 & 12th
9 a.m. - 4 p.m.

Miami-Dade College, 300 NE 2nd Avenue
Opportunities to Get Involved
GET INVOLVED

WAYS TO GET INVOLVED

Join a Workgroup/Sub-Committee
Sharing of information & opportunities
Connect with us online or social media

NEXT ADVISORY COMMITTEE MEETING

Tuesday, September 4, 2018, 1:00 – 3:00 pm

- Hosted at Miami-Dade Transportation Planning Organization
- Stephen P Clark Government Center, 111 NW 1st Street, Miami, 33128
  TPO Rear Conference Room, 9th Floor
THANK YOU!

www.AgeFriendlyMiami.org

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#AgeFriendlyMiami