



AGE FRIENDLY INITIATIVE
Miami-Dade County

Stakeholder Advisory Committee Meeting

Miami-Dade Age-Friendly Initiative

Tuesday, September 3, 2018, 1:00 p.m. – 3:00 p.m.

**Miami-Dade TPO Rear Conference Room, 9th Floor
Stephen P Clark Center, 111 NW 1st Street, Miami, 33128
Dial In Option: 305-330-4986, PIN: 28369**



Welcome & Introductions

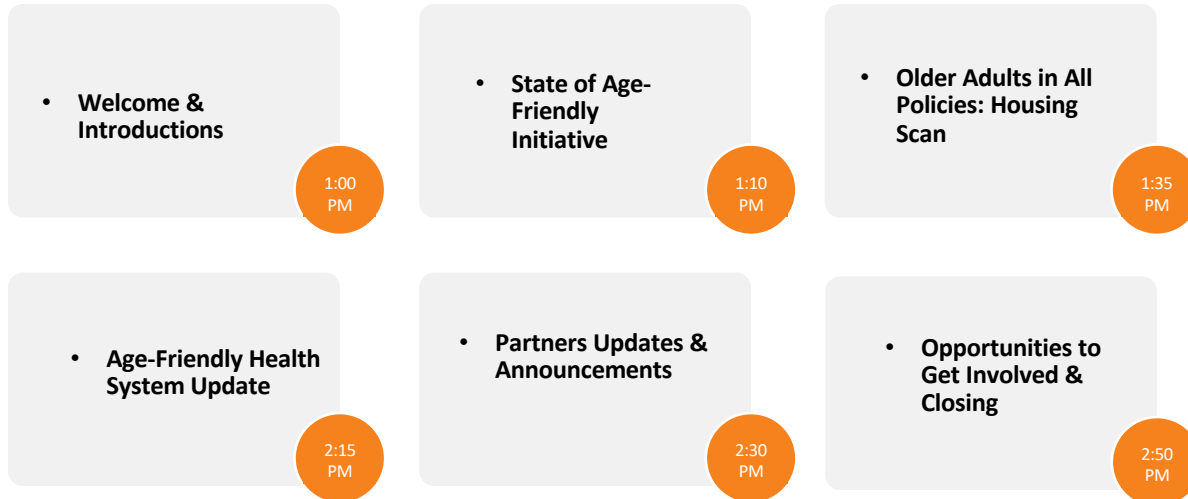
Miami-Dade

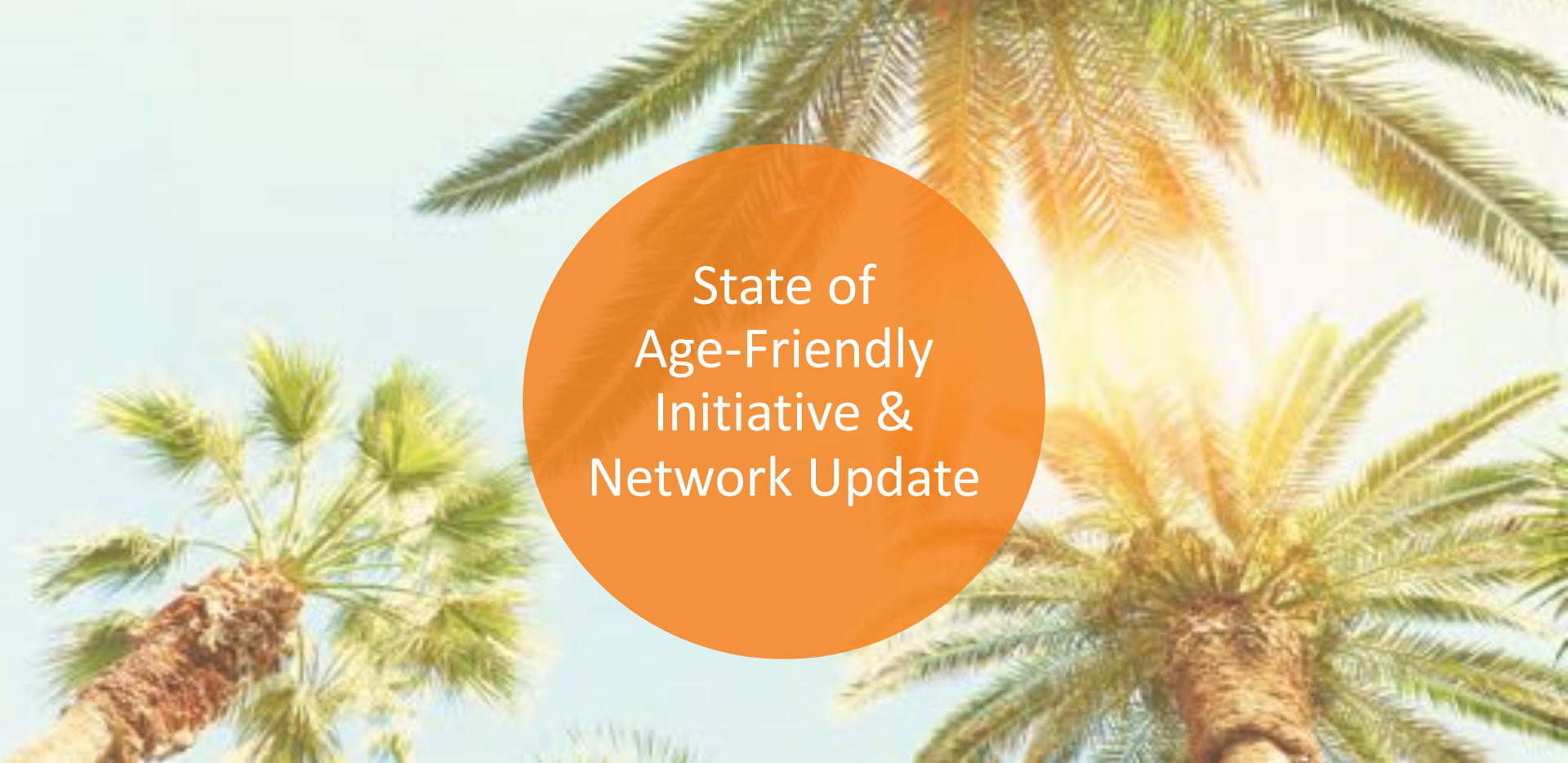
Age-Friendly Initiative

The Miami-Dade Age-Friendly Initiative is a collaborative effort to create a community where older adults of all ages can stay active, engaged, and healthy with dignity and enjoyment.

AGENDA

1:00 PM – 3:00 PM





State of Age-Friendly Initiative & Network Update

AGE-FRIENDLY DOMAINS OF LIVABILITY



Adapted from: Suzanne Garon, University of Sherbrooke

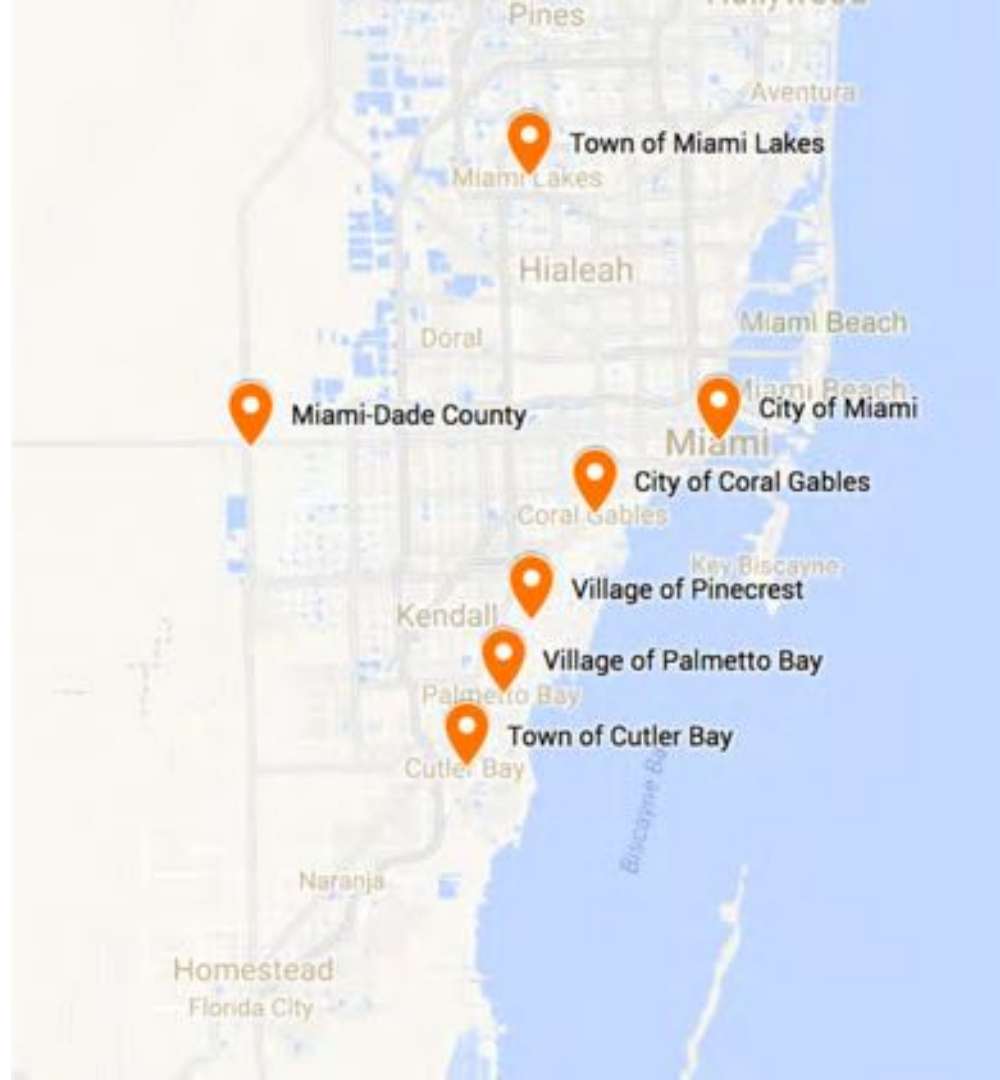
AGE-FRIENDLY PROJECTS & UPDATES

Age-Friendly Activities 2018

- 
- Leadership Development
 - Age-Friendly Ambassadors
 - Aging Road User Road Safety Audits
 - Municipal Commitment & Technical Assistance
 - Age-Friendly Mini-Grants
 - Older Adults in All Policies
 - Awareness & Communication
 - Sustainability & Development

AGE-FRIENDLY MUNICIPALITIES

1. Miami-Dade County
2. Cutler Bay
3. Palmetto Bay
4. Pinecrest
5. Coral Gables
6. Miami Lakes
7. City of Miami
8. *West Miami*
9. *Doral*



AGE-FRIENDLY MINI-GRANTS



- An Age-Friendly, competitive, mini-grant program was established for up to five (5) municipalities or organizations receiving mini-grants to implement age-friendly strategies related to age-friendly domains and urgent areas as identified in the age-friendly surveys conducted in 2017.
- This was an opportunity to:
 - Find additional partners, groups & individuals
 - Foster collaboration
 - Expand reach



AGE-FRIENDLY MINI-GRANTEES 2018



- **Baptist Health South Florida**

- **West Kendall Baptist Hospital**

- In an effort to improve quality of life for residents who have preventable hospital readmissions, West Kendall Baptist Hospital is launching a Promotores de Salud (PDS) initiative through Healthy West Kendall to bridge the gap between underserved community members and the resources necessary to live a healthy life. With the support for the mini-grant, the project will leverage partnerships in the community, including the faith-based community, to engage community health worker volunteers to support patients in need of additional assistance once they transition home. There will be a focus on transportation, nutritious meals, access, and social companionship.



AGE-FRIENDLY MINI-GRANTEES 2018



- **North Bay Village**

- North Bay Village will install a small computer lab in the lobby of the Village Hall Building and incorporate a health and wellness campaign for older adults. The goals of this project are to (1) Increase social interaction among older adults residing in North Bay Village; (2) Increase participants' awareness of services that are available in the community. Village staff and volunteers instruct residents on how to pay bills on-line; navigate the Village and Miami-Dade County websites; access information concerning health management or free/low cost medications; or creating social media accounts to remain connected to loved ones.



AGE-FRIENDLY MINI-GRANTEES 2018



- **Dade Heritage Trust**

- Dade Heritage Trust’s mission is to preserve the Miami-Dade community’s architectural, environmental and cultural heritage through education and advocacy. The mini-grant will benefit Dade Heritage Trust’s project that will focus on building civic engagement in the West Grove. This will be accomplished through the building of a community garden and community programming in historic Bahamian-American wood frame homes. Programs will include garden cultivation, cooking, and baking classes in order to promote a healthy and nutritious lifestyle.



AGE-FRIENDLY MINI-GRANTEES 2018



- **Youth Co-Op**

- Youth Co-Op is a private non-profit whose mission is to promote the social well-being of individuals in South Florida through education, employment, and empowerment. In partnership with the Miami-Dade Age-Friendly Initiative, Youth Co-Op will be setting up a computer training lab for older adults to use in searching for employment as well as to use for training for learning new technology, and upgrading and/or learning new skills in Microsoft Office. This project offers older adults opportunities to increase their success in reaching financial stability.



AGE-FRIENDLY MINI-GRANTEES 2018



- **Florida International University**

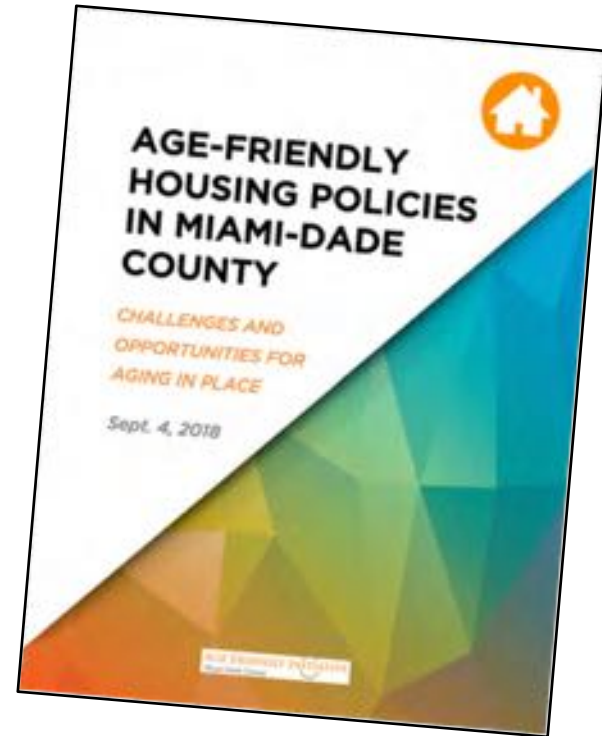
- **Nicole Wertheim College of Nursing & Health Sciences**

- This collaborative project between FIU’s Physical Therapy, Interior and Landscape Architecture, Environmental and Urban Design, and Computer Science departments will redesign Miami’s Underline Park under the Metrorail to be more “age-friendly”. Virtual and augmented-reality will be used to re-image and reconstruct the space based on input from older adults living in the community. Functional (mobility-related), behavioral and environmental attributes such as physical/visual accessibility and psychophysiological facilitators such as relaxation and motivation will be assessed. Evidence-based solutions for active aging will be provided to redesign the space to match older adults’ preferences and capabilities to effect active lifestyles.

FIU | Nicole Wertheim
College of Nursing
& Health Sciences

OLDER ADULTS IN ALL POLICIES

- Long Range Transportation Plan
- Age-Friendly Housing Policies
- Health Measures Community Development Master Plan





Age-Friendly Housing Scan



AGE-FRIENDLY HOUSING POLICIES IN MIAMI-DADE COUNTY

CHALLENGES AND OPPORTUNITIES FOR AGING IN PLACE

September 4, 2018

Prepared by: Rosado & Associates



Age-Friendly Health System Update

AGE-FRIENDLY PUBLIC HEALTH SYSTEM



- **Florida Age-Friendly Public Health System Advisory Committee**
 - Florida Department of Health Partnership with Trust for America's Health & John A. Hartford Foundation
 - Expansion of Age-Friendly Public Health System Framework in State of Florida by:
 - Piloting collaborating with local health departments on data, programming, and how to integrate an older adult focus
 - Accelerating the age-friendly community designation process within Florida
 - Leading and supporting an age-friendly public health system collaborative

AGE-FRIENDLY PUBLIC HEALTH SYSTEM



Local Health Department Plans - Important Links (Consortium for a Healthier Miami-Dade Elder Issues Committee)*:

- [Community Health Improvement Plan](#) (CHIP): This page important information on the CHIP (local Health Department Plan)
 - You can also download the [most recent annual report](#) or the [full CHIP document](#).
 - Both of these documents outline the full list of measures.
- [State Health Improvement Plan](#) (SHIP): Here is the last [SHIP](#); they are in the process of developing the new SHIP now.
- [Health People 2020](#) (HP2020): This link provides information on objectives for the national plan. Pay specific attention to the "Older Adults" and "Dementias, including Alzheimer's Disease."

**Source: Michael Pearson, Elder Issues Committee, Consortium for a Healthier Miami-Dade*



Partner Updates & Announcements

PARTNER UPDATES & ANNOUNCEMENTS

Age-Friendly Municipalities

1. Miami-Dade County
2. Cutler Bay
3. Palmetto Bay
4. Pinecrest
5. Coral Gables
6. Miami Lakes
7. City of Miami
8. Other Municipalities / Potential Future Age—Friendly Communities

PARTNER UPDATES & ANNOUNCEMENTS

Partner Updates & Announcements

1. Elder Issues Committee
2. Older Adults Advocacy Taskforce
3. Dementia Care & Cure Initiative
4. Partner Announcements & Events

APA CONFERENCE SESSION

American Planning Association Florida Chapter Conference
September 11th -14th



**Safe and Friendly Spaces for All Ages –
Miami-Dade County Age-Friendly Initiative**
Safe Seas and Friendly Harbors



Wednesday, September 12, 2018, 2:15 pm 3:30 pm

Hilton West Palm Beach
Room 2D

**Please email Isabel@urbanhs.com if interested*

GIA & FRAMEWORKS INSTITUTE TRAINING*

ReFraming Aging for All



Reframing Aging for All Training

**Limited Capacity by Invitation*

Thursday, September 20, 2018

Time TBD (9-5)



United Way of Miami-Dade

Ryder Room

**Please email Isabel@urbanhs.com if interested*



Tuesday, September 25, 2018

8:00 AM to 3:00 PM EDT



Kovens Conference Center, North Miami, FL

Florida International University

Biscayne Bay Campus

3000 N.E. 151st Street, North Miami, FL 33181-3000

**Please email sgantman@hfsf.org for invitation*

Health Foundation of South Florida
Healthy Aging Forum

How innovation is revolutionizing healthy aging

Tuesday, September 25, 2018 | 8 a.m. - 3 p.m. | Kowens Conference Center | North Miami, FL

Health Foundation of South Florida, in partnership with Florida Health Networks and Health Metrics Solutions, will convene industry leaders and policy makers from across the United States. Their goal: empowering health care providers in affecting lasting, healthy behavioral changes and improving the quality of life of their patients. Attending the Forum, which commemorates Health Foundation's 25th anniversary, gives you the edge on innovative approaches to healthy aging. The Forum includes:

- Integrated systems success stories
- Implementation best practice guidelines
- Quantifiable results and outcomes
- How healthy aging is changing today's communities

To request your invitation and see how you can help promote this movement that is revolutionizing healthy aging, please email Shari Gansman at sgansman@hfd.org and include your organization's name and contact information by September 17, 2018. Space is limited, act now.



2 South Biscayne Boulevard, Suite 1716, Miami, FL 33130
T 305.374.7200 | F 305.374.7053
www.hfd.org | www.floridahealthnetworks.org

Speakers

Melinda Allen, LEW, Vice President
Regulatory and Community Services
MemorialHealth System
WPHN/FLC Committee Chair
Beverly Hills, Florida

Anne DeBian
Director of Policy Development
Team for American Health
Washington, DC

Peggy Hayes, MBA, Senior Director
Managed Health Partnership
for Healthy Aging (PHA)
Acute Care Services
Portland, Maine

Barb Bell
President/CEO
Senior Research Advisor
Orlando, Florida

Jeff Johnson
State Director
HARP Florida
St. Petersburg, Florida

Kate Long, DPH
Professor Emerita
at San Diego State University School of Medicine
Founding Partner, Self-Management
Research Center
Folsom, CA, California

Steven Marcus, PhD
President and CEO
Health Foundation of South Florida
Florida Health Networks
Miami, Florida

Yee McNeill, MS, MPH
Healthcare Consultant
Team for American Health
Washington, DC

Carole Moskova, PhD, MPH, CPHQ
Specialist Consultant
Florida Health Networks
Miami, Florida

Walter Polons, PhD
Consultant and Director
Regional Advisor for Aging
Works Health Organization
Pan American Health Organization
Miami, Florida

Richard Proctor
Deputy Secretary/Chief of Staff
Florida Department of Elder Affairs
Tallahassee, Florida

Jennifer Raymond, JD, MBA
Chair
Healthy Living Center
of Excellence
Elder Services of St. Vincent's Valley
Lancaster, Massachusetts

Alexandra Tolson, CPC
Senior Business Development
& Contracting Director
Popular Networks Solutions
Miami, Florida

Linda Schindler
Senior Director of Community Outreach
United Way of Miami-Dade
Miami, Florida

**Matthew Cox Smith,
PhD, MPH, DHS, FACHE, FCSA**
Co-Director
Center for Population Health and Aging
Texas A&M University
College Station, Texas

Lesley Swinman, MSc, MPH
Research Scientist
Health Population Research Center
University of Washington
School of Public Health
Seattle, Washington

AARP AGE-FRIENDLY HOUSING WORKSHOP



AARP Age-Friendly Housing Workshop
Featuring an Housing Walking Audit

Thursday, November 8th in South Florida



Location TBD



Opportunities to Get Involved

GET INVOLVED



WAYS TO GET INVOLVED

Join a Workgroup/Sub-Committee
Sharing of information & opportunities
Connect with us online or social media

NEXT ADVISORY COMMITTEE MEETING

Tuesday, December 4, 2018, 1:00 – 3:00 pm

- Hosted at Health Foundation of South Florida
- 2 S Biscayne Blvd #1710, Miami, FL 33131



THANK YOU!

AGE FRIENDLY INITIATIVE
Miami-Dade County



www.AgeFriendlyMiami.org



@AgeFriendlyMIA
#AgeFriendlyMiami