



AARP Livable Communities

Miami-Dade Age Friendly Summit

May 16, 2019



Demographic tipping point

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U.S.

Elderly in U.S. Are Projected to Outnumber Children for First Time



Census Bureau predicts milestone will be hit within 17 years



By *Paul Overberg and Janet Adamy*

Updated March 13, 2018 9:13 p.m. ET



People over 65 years old would outnumber children by 2035, a first in U.S. history, according to updated projections released by the Census Bureau on Tuesday.





The milestone would be the latest marker of the nation's aging, which has accelerated with baby boomers' move into their senior years and recessionary effects on births and immigration over the past decade.



The...



Most Popular Videos

1. Can the Trump-Kim Summit Really Happen? 
2. GDPR: What Is It and How Might It Affect You? 
3. Turn Your Phone 

March 13, 2018



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Behind the numbers, a deeper story

HOUSING

More than 50% of renters 65+ were rent-burdened (paying more than 30% of income for housing) in 2015, up from 43% in 2001

PUBLIC SPACES

Seniors comprise 20% of general population but only 4% of park users

MOBILITY

The average American man outlives his ability to drive by six years; the average American woman, by 10 years

ISOLATION

Isolation and loneliness are worse for health than obesity. The health risks of prolonged isolation = smoking 15 cigarettes/day



OLDER ADULTS WALKING + BIKING

Walking trips up by
seniors from 9 to
14% from 2009 to
2017

...but no growth in
older adults biking
from 2009 to 2017



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SHARE OF PEDESTRIAN FATALITIES

People 65 or older
were over-
represented in
pedestrian fatalities
in 35 states.

DISPROPORTIONATE SHARE OF DISASTER FATALITIES

2/3 of North Carolinians
who died as a result of
Hurricane Florence were
65+

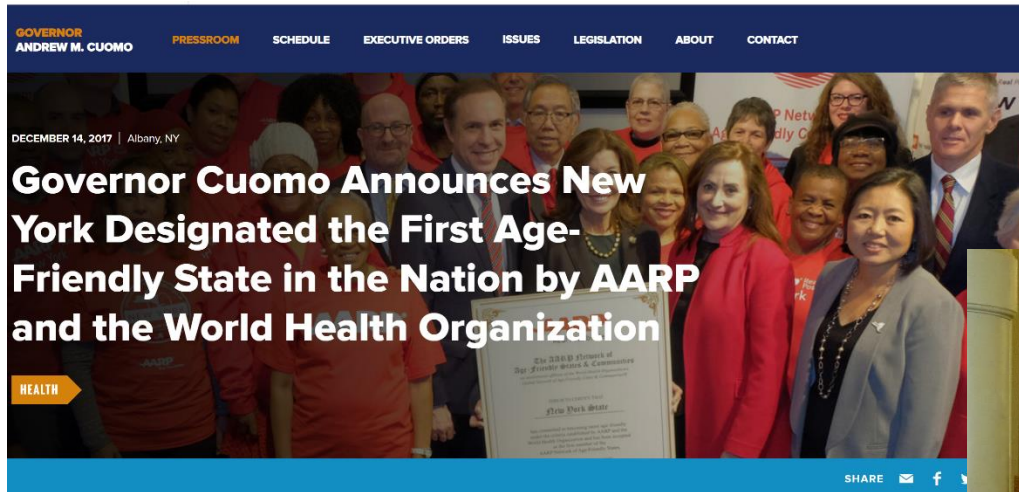
Puerto Rican seniors
have suffered
disproportionately from
Hurricane Maria (during
and after)

Mainly men, elderly
killed in Hurricane
Michael

Tipping point in states



Tipping point in states



"Many of our older adults have the time, energy and talent available to start a second or third career, volunteer in their community, become a mentor or pursue an unfulfilled passion. By enrolling in the network of age-friendly states, Massachusetts embraces the opportunity to promote and celebrate aging."

— Massachusetts Governor Charlie Baker in a letter to AARP



Tipping point in national policy...?

“...across the nation, and especially in **Maine** and in **Florida**, **age-friendly communities** are emerging as a natural solution...”

--Senator Susan M. Collins, Chair, Special Commission on Aging



"The Older Americans Act: Protecting and Supporting Seniors as they Age"

Date: Wednesday, May 8, 2019

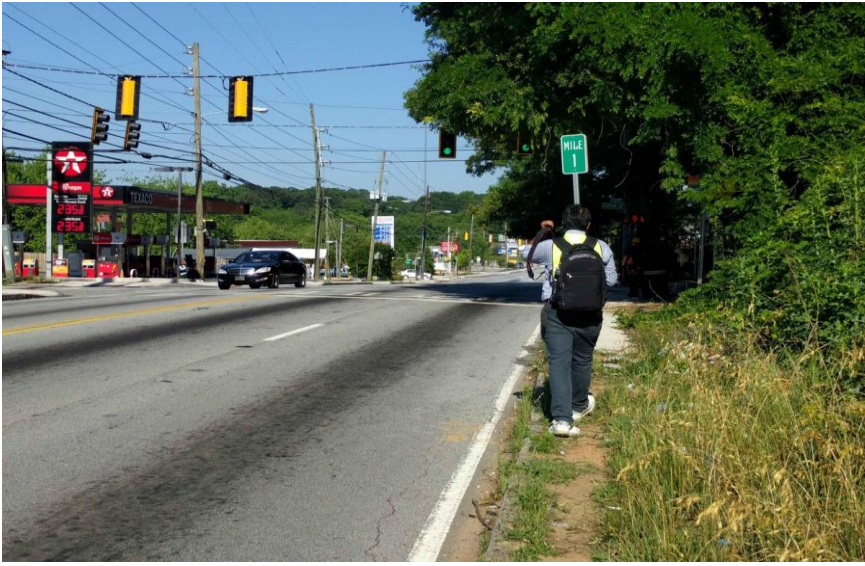
Time: 02:30 PM

Location: Senate Dirksen Office Building 562



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May 8, 2019



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Are we ready?

Are there ways to remain mobile once driving is no longer an option?

Is there adequate, safe and accessible public space?

Are there adequate housing options that are affordable, accessible and varied in type?

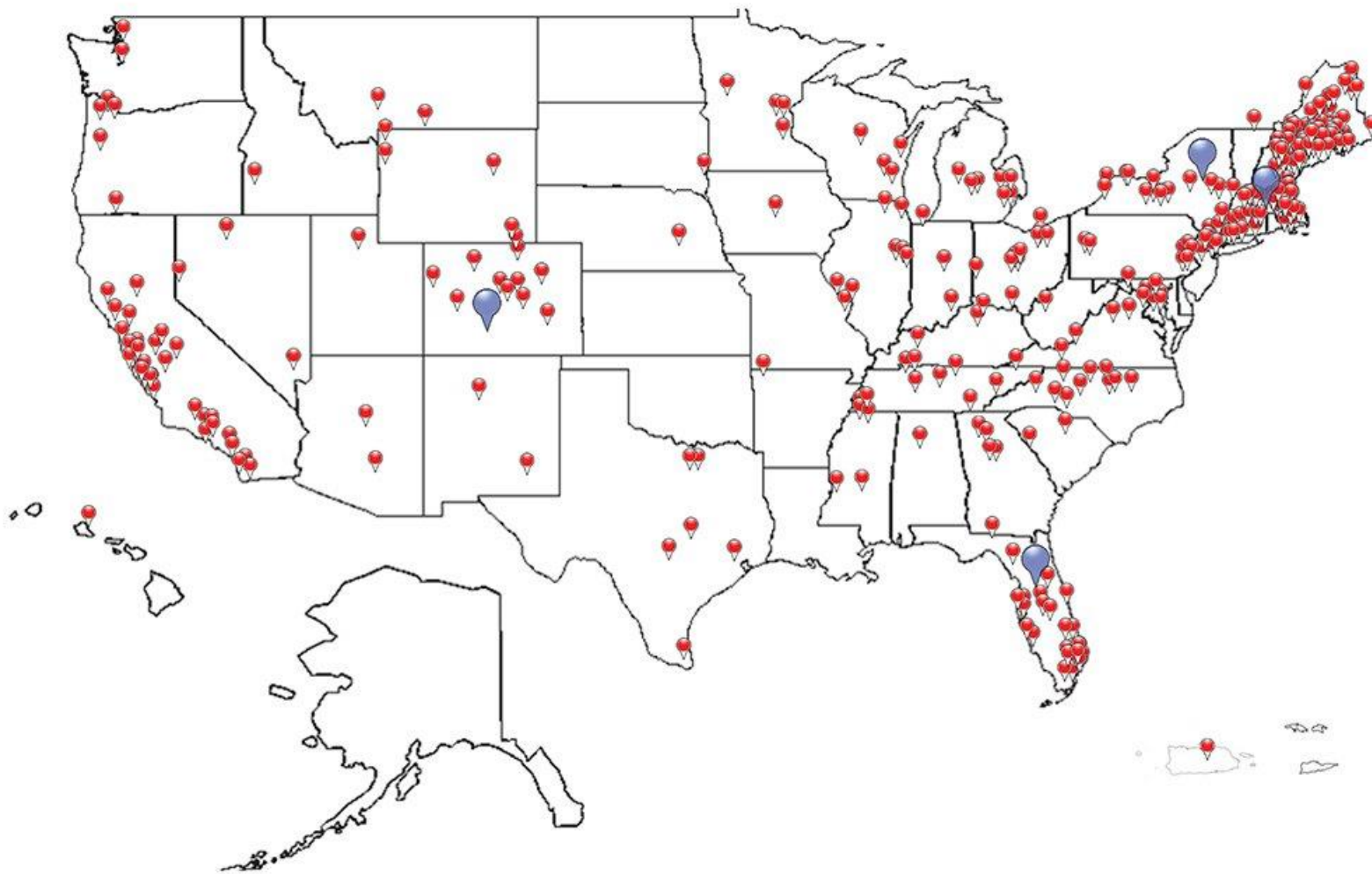
Are there opportunities for civic and social engagement through volunteerism, work, other?





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AARP Network of Age-Friendly States and Communities



365+ communities
5 states



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Developing an age-friendly community: the process

Year 5: Progress / status update

Years 3-5: Implementation

Year 2: Create an action plan

Year 1: Conduct a survey
and listening sessions

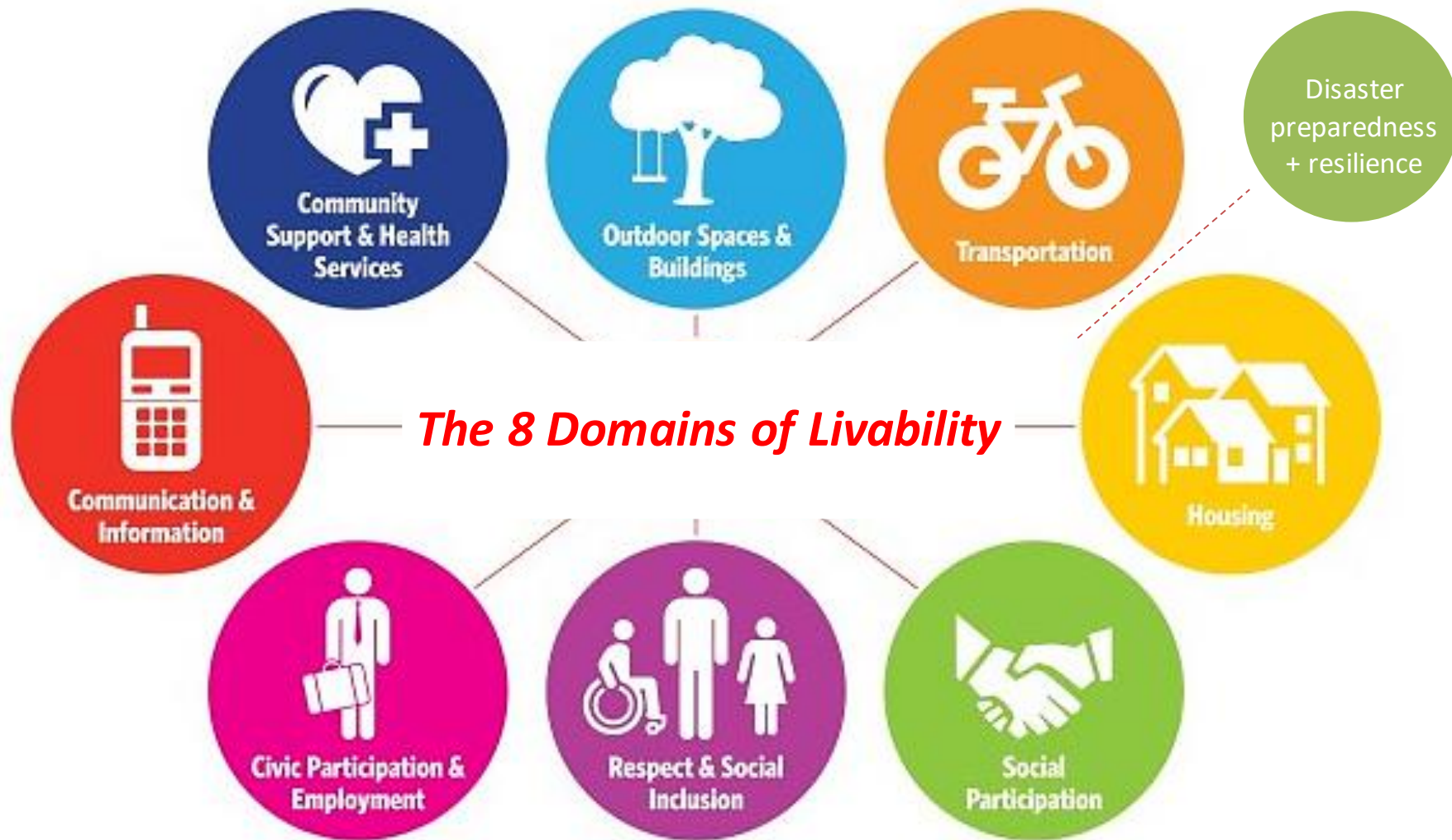
Enrollment



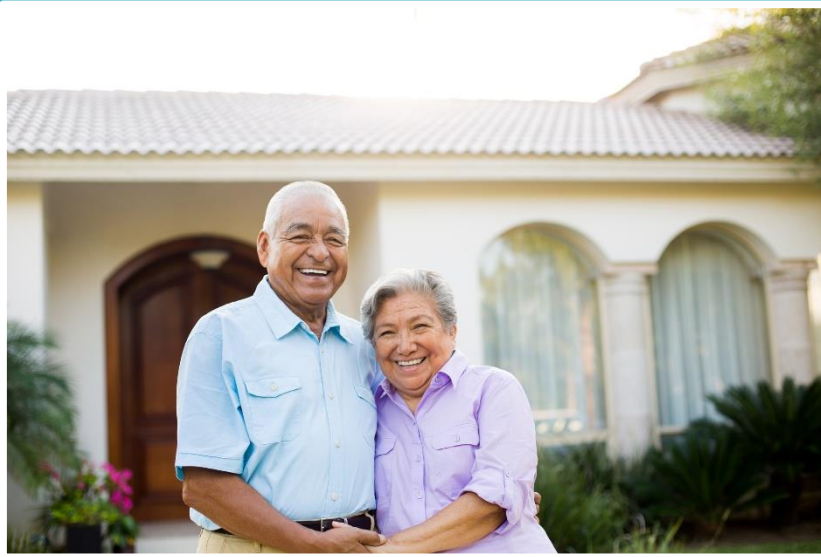
Developing an age-friendly community: the foundation



Developing an age-friendly community: the foundation



Housing



The ABCs of ADUs

A guide to
Accessory Dwelling Units
and how they expand housing options
for people of all ages



ROADMAP TO LIVABILITY

Strategies and solutions that make a community great for people of all ages



Workbook

Group 66 Livability Collection

Available online at aarp.org/66livabilitycollection

MAKING ROOM

Housing for a Changing America



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NATIONAL
HUTCHINSON
FOUNDATION

Most older adults want to age in place. Doing so is possible if homes are appropriately designed or modified – and if a community includes affordable housing options for varying life stages.

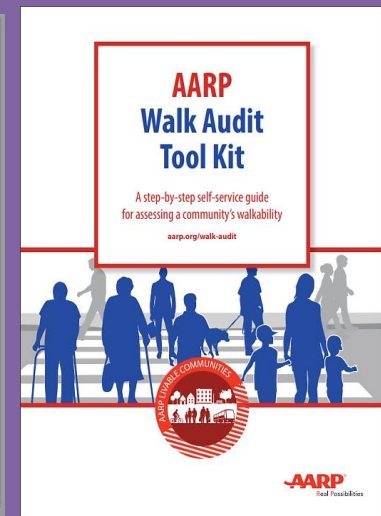
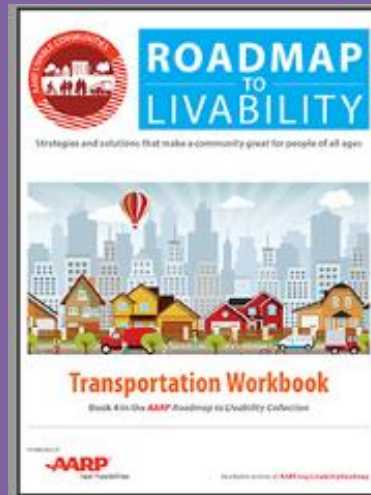


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Transportation



Driving shouldn't be the only way to get around. Public transit, ridesharing, bicycling and walking should all be viable options to help live independently and remain mobile.



Outdoor spaces and buildings



People need places to gather- indoors and out. Parks, sidewalks, safe streets, outdoor seating, and accessible buildings can be used and enjoyed by people of all ages.




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Grants to make communities livable
for people of all ages

aarp.org/CommunityChallenge

Creating Parks and Public Spaces for People of All Ages

A Step-by-Step Guide



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880
cities

THE
U.S. DEPARTMENT OF
HOUSING AND
URBAN DEVELOPMENT



Social participation



Loneliness negatively affects a person's health and sense of wellbeing. Isolation can be combatted by the availability of accessible, affordable, and fun social activities.



Engaging the Community to Create Community

Working together, local leaders and residents can build more vibrant cities, towns and neighborhoods for people of all ages. Here's how.



A publication of
AARP
Real Possibilities

CITYSERVICE

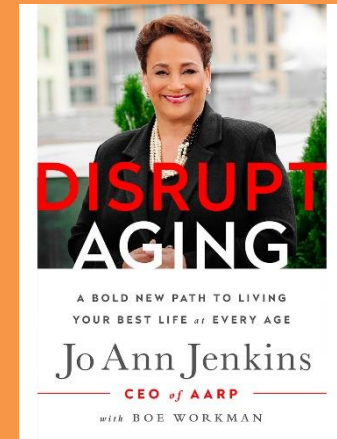
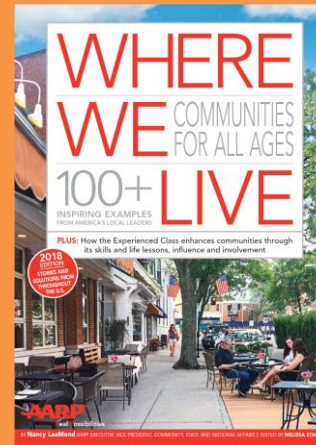


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Respect and social inclusion



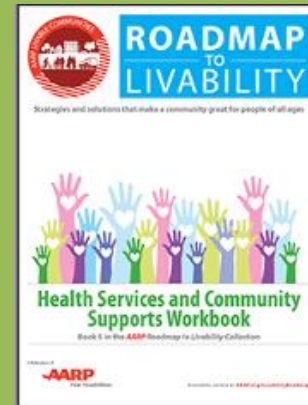
Intergenerational activities are a great way for young and old to learn from one another, honor what each has to offer and, at the same time, feel good about themselves.



Community and health services



At some point, everyone gets hurt, becomes ill, or simply needs a bit of help. While it's important that care be available nearby, it's essential that residents are able to access and afford the services required.



Civic participation and employment



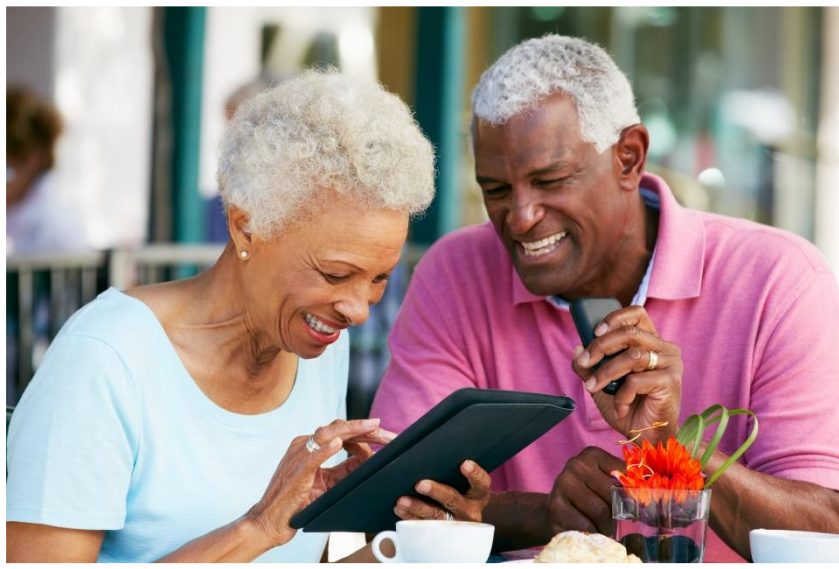
An age-friendly community provides ways for older people to live their best lives via work, volunteering, and being actively engaged in community life.



<http://www.createthegood.org/>



Communication and information



Age-friendly communities recognize that not everyone has equal access to information, and that a variety of electronic and non-electronic means of sharing info is essential.



AARP Livable Communities
Free E-Newsletter

Tool kits, guides, how-to's,
interviews, slideshows,
best practices, news
and much more

Subscribe Now!



AARP.org/Livable



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Disaster preparedness and resilience



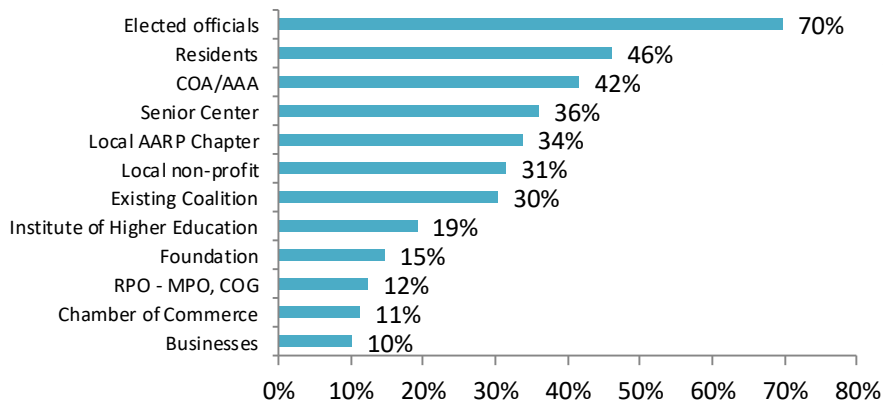
WATCH THIS
SPACE:
aarp.org/livable



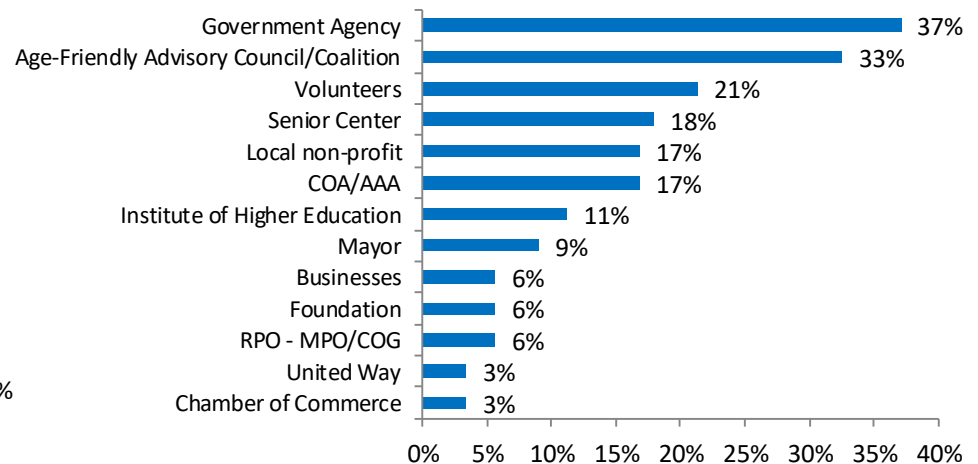
Trends in NAFSC

- More than **365** communities enrolled; all at various stages of process
- **Double** the rate of growth in 2018 as in 2017
- More than **88 million lives** impacted by enrollment in NAFSC

Who were the major champions that supported enrollment? Check all that apply.

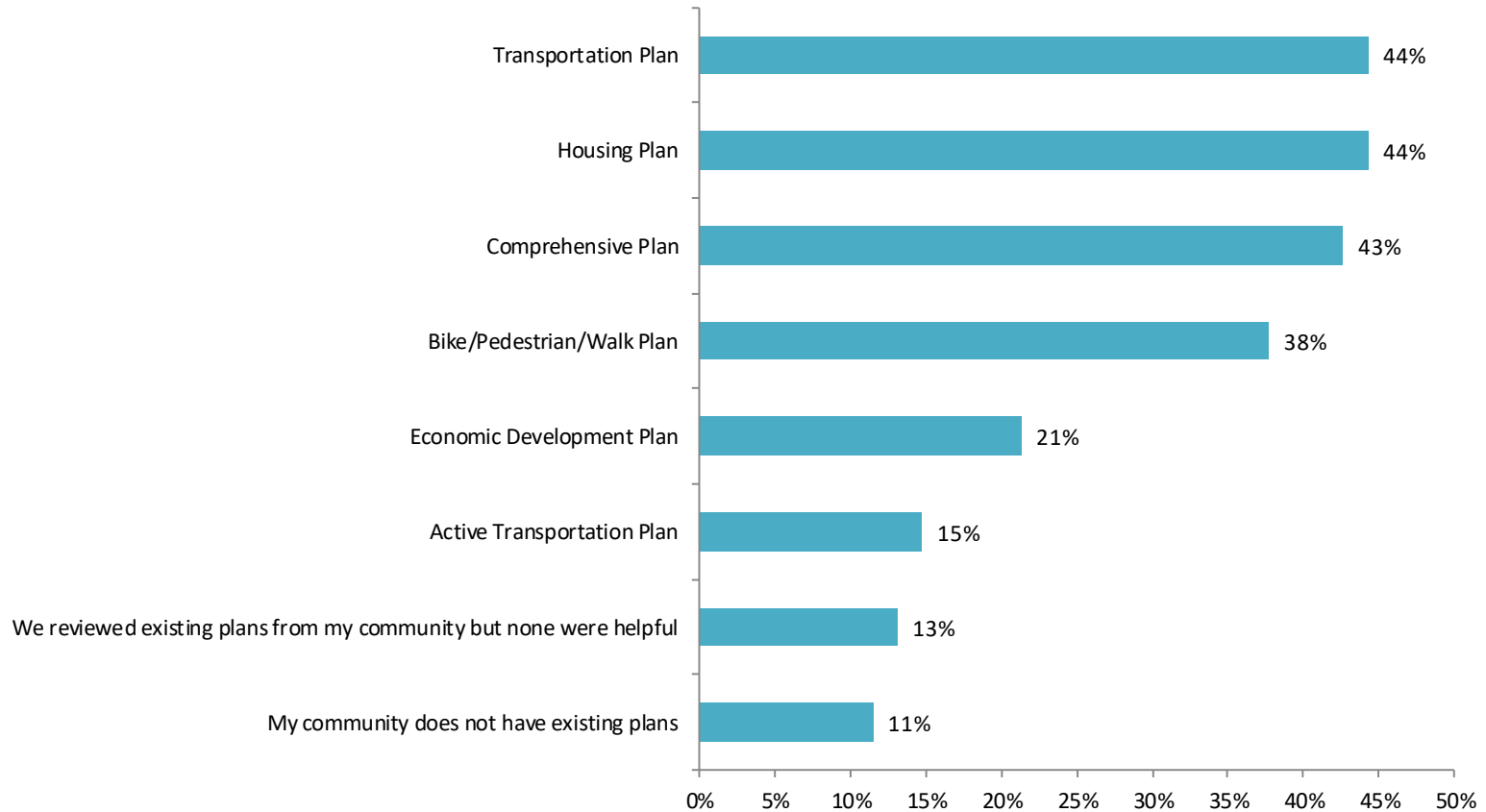


Who serves as the lead organization(s) to coordinate the age-friendly work? Check all that apply.



Trends in NAFSC

What existing plans from your community were most helpful in creating your action plan? Check all that apply.



Trends in NAFSC

Successful Practices

- Developing community support and working with, rather than, for, the community
- Getting involved with all aspects of the community and conducting outreach to increase visibility of the project
- Connecting with similar communities working on age-friendly
- Collaborating with a broad and diverse group of organizations
- Establishing a core group of dedicated champions with expertise in a variety of areas

42%

Report enacting an age-friendly policy or practice

20%

Report generating a private sector investment or project resulting from action plan

75%

Report raising awareness of age-friendly issues, or increasing partnerships or collaboration within the community, or executing items in an action plan, or integrating an age-friendly lens



AARP's Livable Communities approach



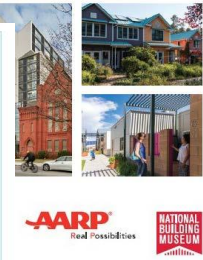
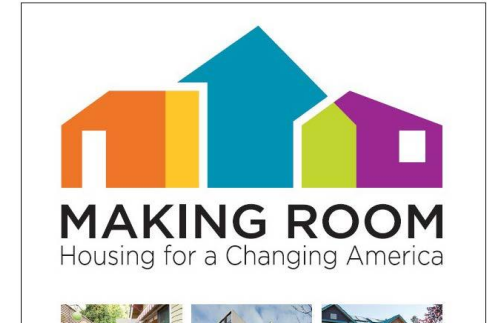
AARP's Livable Communities approach



**... 52 other
states and
territories**



Enlist national partners



Information and tools communities can use: aarp.org/livable

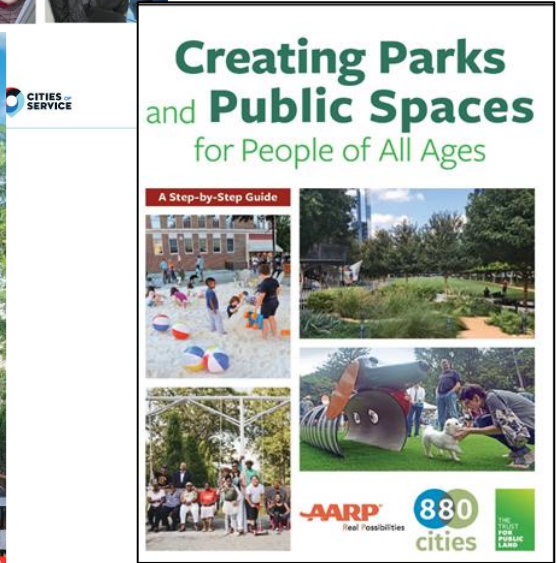
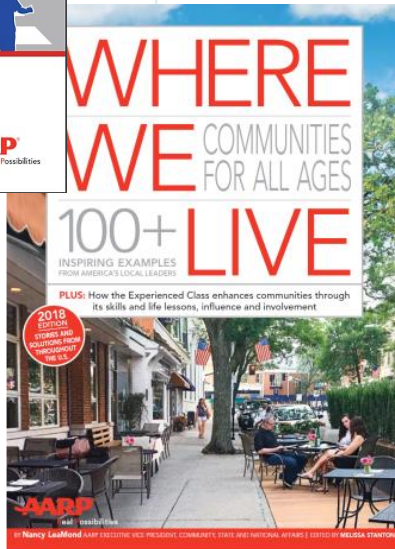
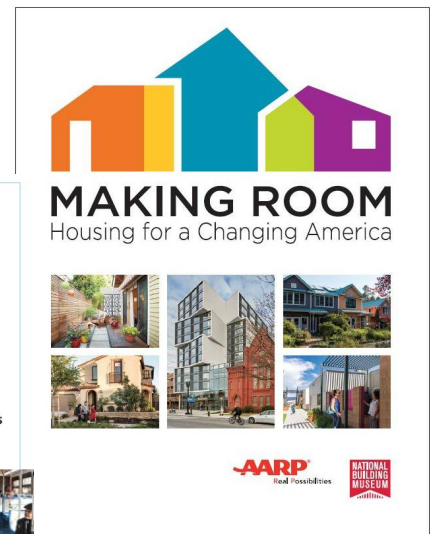
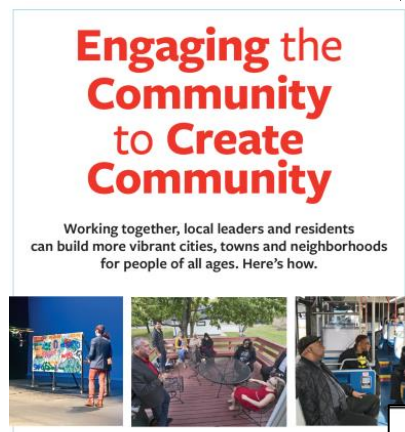
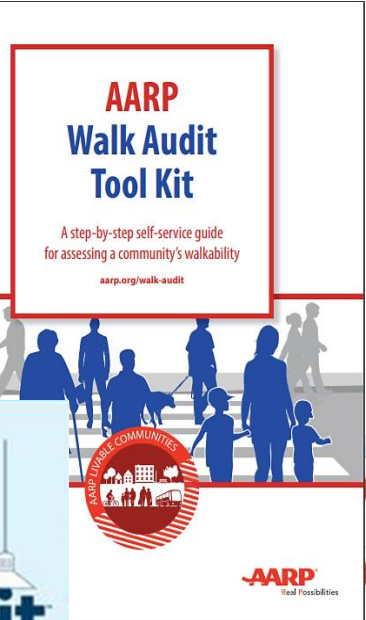
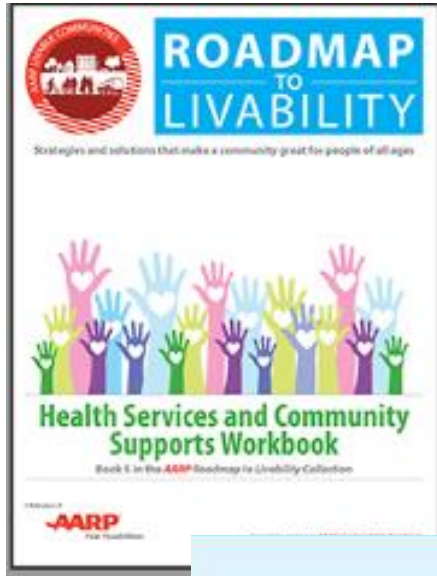
The screenshot shows the AARP Livable Communities website and a Facebook post. The website header includes the AARP logo, navigation links (MENU, Donate, Volunteer, Member Benefits, Rewards for Good), and the title "AARP Livable Communities". Below the header is a navigation menu with links: Livable Home Page, About Us, Housing, Getting Around, Tool Kits & Resources, and Age-Friendly Network. The main content area features a "ROADMAP TO LIVABILITY" section with three book covers: "Community Living Series: Tool Kit", "Housing Workbook", and "Transportation Workbook". A featured article titled "AARP ROADMAP TO LIVABILITY: Ready for a Roadtrip?" is visible. Below the website is a Facebook post from "AARP Livable Communities" (@AARPLivableCommuniti es) dated May 22 at 5:57pm. The post text reads: "AARP is now accepting session proposals for its 2018 AARP Livable Communities National Conference! This year's theme is 'Sustaining the Momentum: Engaging People, Partners, and Policymakers'. But HURRY! The May 31st session proposal deadline is approaching soon. Visit aarp.org/Livable2018 to learn more and to submit yours! #AARPLivable". The post includes a "LAST CALL FOR PROPOSALS!" graphic and a "Learn More" button.

The screenshot shows the "Livable Communities Newsletter" dated October 24, 2018. The header includes the AARP logo, the newsletter title, and navigation links: Home Page, About Us, Tool Kits & Resources, and A-Z Archives. The main content area features two articles. The first article is titled "Why Walkable Communities Are the Best Communities for Older Adults" by Urban planner, author and walkability advocate Jeff Speck. It offers advice on what to look for in a place to live. A red tip box states: "TIP: HAVING A PLACE TO WALK TO IS KEY". The second article is titled "Last Conference Call!" and announces the 2018 AARP Livable Communities National Conference in Charlotte, North Carolina, from November 12-14. It encourages checking out updated conference programs and field trip offerings. A red box below the article says "REGISTRATION CLOSES SOON". Below the newsletter content is a "Livability News & Notes" section with three articles: "The Mayor Who Banned Cars", "The Best Type of Car for Older Adults", and "Livability in the Rural Mour". At the bottom right, there is a yellow box for the "AARP Livable Communities Free E-Newsletter" with the text: "Tool kits, guides, how-to's, interviews, slideshows, best practices, news and much more" and a "Subscribe Now!" button. An "AWARD-WINNING" ribbon graphic is also present.

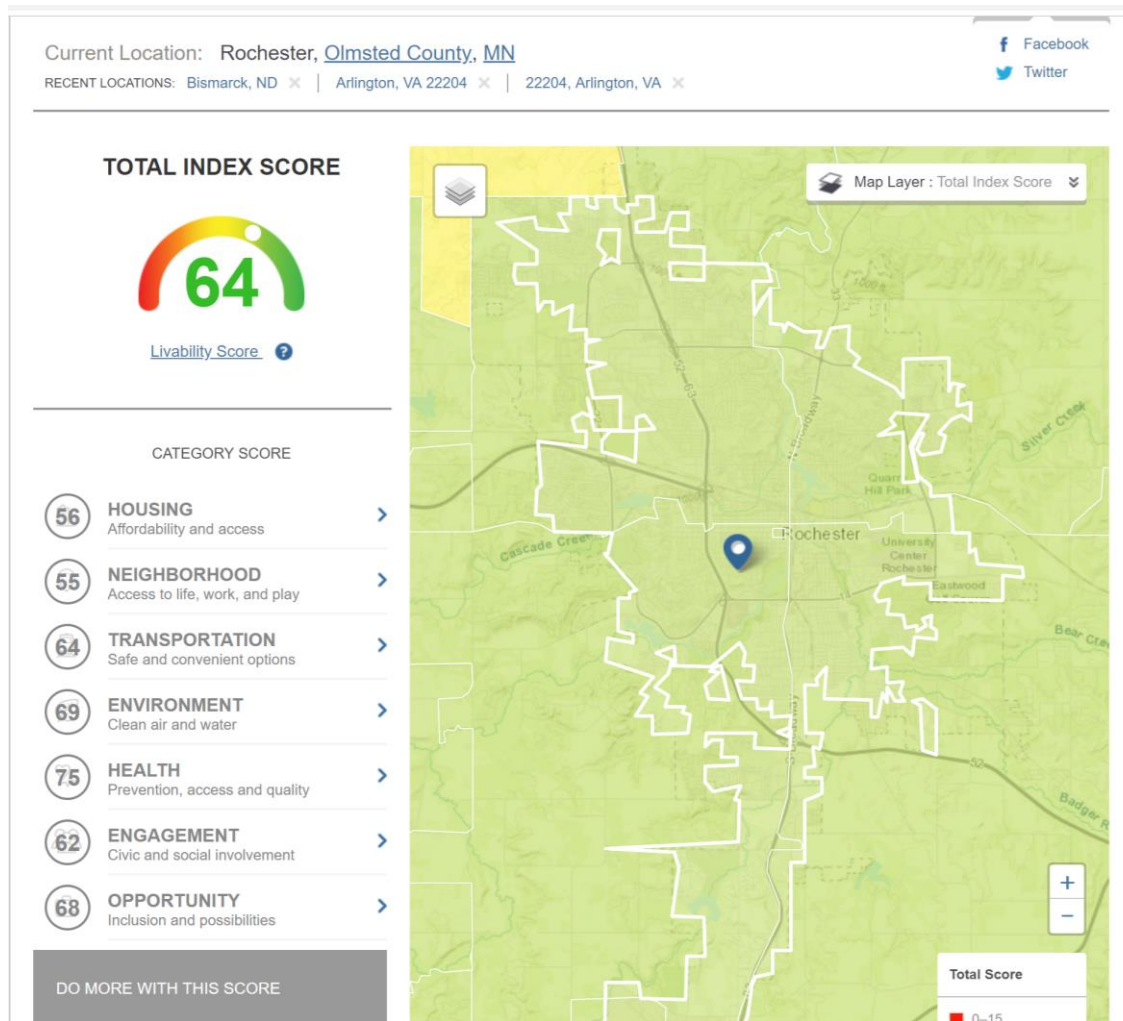


Information and tools communities can use: free in print or download

www.aarp.org/livable



Information and tools: www.livabilityindex.aarp.org



Resources to invest in quick-action change



Alley activation (WI)
Trails and signage (MT)
Bike infrastructure (FL)
Parklets (MS)



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Grants to make communities livable
for people of all ages

aarp.org/CommunityChallenge

Newest publication: free in print or download

The ABCs of ADUs

A guide to
Accessory Dwelling Units
and how they expand housing options
for people of all ages



BASEMENT ADU



DETACHED ADU



ATTACHED ADU



SECOND-STORY ADU



GARAGE-CONVERSION ADU

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ABOVE-GARAGE ADU



DETACHED-BEDROOM ADU



DETACHED ADU

- An accessory dwelling unit is a small residence that shares a single-family lot with a larger primary dwelling.
- As an independent living space, an ADU is self-contained, with its own kitchen or kitchenette, bathroom and living/sleeping area. (Garage apartments and backyard cottages are each a type of ADU.)
- ADUs can enable homeowners to provide needed housing for their parents, adult children, grandchildren or other loved ones.
- An ADU can provide older adults a way to downsize on their own property while a tenant or family member resides in the larger house.
- Since homeowners can legally rent out an ADU house or apartment, ADUs are an often-essential income source.
- ADUs help to improve housing affordability and diversify a community's housing stock without changing the physical character of a neighborhood.
- ADUs are a beneficial — and needed — housing option for people of all ages.

Learn more about ADUs and
order or download

The ABCs of ADUs
by visiting
AARP.org/ADU

Sign up for the free, weekly
**AARP Livable
Communities
e-Newsletter**

Be among the first to learn when
AARP releases more livability
guides and resources.

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Thank You!

Danielle Arigoni

darigoni@aarp.org

@daniellearigoni

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